A Quick and Dirty Introduction to Musical Rhythm

Justin London IK 2017

Course Overview

Lecture 1: Quick Intro to Rhythm Basic concepts and psychological aspects Lecture 2: What is Synchronization? Models for coordination and synchronization Lecture 3: Social Synchronization in Music Humans and machines; Followers and leaders Lecture 4: Virtuosity, a solo art(?) Speed, synchronization, and executive function

Outline of Lecture 1

- 1. Rhythms, bad and good
- 2. What is the distinction between rhythm and meter?
- 3. What is a beat? Meter as entrainment
- 4. Perceptual limits of meter
- 5. Subjective rhythmization, accent, and listener added-value

- **Rhythm** (from Greek ὑυθμός, rhythmos), generally means a movement marked by the regulated succession of strong and weak elements . . . this can apply to a wide variety of cyclical natural phenomena having a periodicity or frequency of anything from microseconds to millions of years.
- -- Wikipedia, March 2014

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In the performance arts rhythm is the timing of events on a human scale; of musical sounds and silences, of the steps of a dance, or the meter of spoken language and poetry.

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Is this a rhythm?



Is this a rhythm?



Yes.

Any series of sounds has **some** rhythm, since:

- (a) If something is a <u>sound</u> it necessarily has some <u>duration</u> and
- (b) All durational sequences have a rhythmic structure (more or less repetitive, more or less complex, operating on certain time scales, etc.).

But rhythm also seems to admit degrees, as we can talk of something being "more" or "less" rhythmic.

So, let us examine some cases of good versus bad rhythms . . .

Are you a good rhythm, or a bad rhythm?







1.1 Impossible Rhythms

(a) Exceeding the scope of human perception.



- 1.1 Impossible Rhythms:
 - (b) Exceeding the capacity for human discrimination.



1.1 Impossible Rhythms

(c) Rhythms that are self-contradictory.



Partly Bad Rhythms

- 1.2 Improbable Rhythms: Rhythms or meters that are rare in a particular style or culture.
 - (a) 9/8 in Western Classical Music
 - 1.1% of all examples in Barlow & Morgenstern (54.9% in simple duple meters)
 - (b) 3/4 in Mainstream Rock Music
 - N.B. Common in Country/Bluegrass music, given prominence of Waltzes
 - (c) Non-isochronous beats in western music more generally

Not Really Bad Rhythms

1.3 Misunderstood rhythms

Rhythms one cannot hear due to enculturation.



Cholita Chapareñita

Not Really Bad Rhythms

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Not My Rhythms

- 1.4 Rhythms I just don't like.
- (a) Moiseiwitch's overdone rubato
 - From Chopin's Polonaise #9 in Bb Major, Op. 71/2
- (b) Techno's uber-predictability
 - From "Woo-Boost" by Rusko (dubstep example)
- (c) Boulez's hyper-complexity
 - From Structures II for Two Pianos



Summary of Rhythmic Badness:

- Rhythms that are impossible
- Rhythms that are improbable
- Rhythms that are just misunderstood
- Rhythms that one just doesn't like

Good Rhythms



• Tangle Eye, "Tangle Eye Blues" (recorded by at the Parchman prison farm, 1947)



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- An example of "Dubstep" (from Wikipedia)



- It <u>does</u> make sense to speak of "Degrees" of rhythmicity, or that a sequence is more or less rhythmic, but . . .
- there is more to rhythmic goodness than just repetitiveness/isochrony (otherwise dubstep would be the "best" rhythm)
- there is more to rhythmic goodness than predictability or precision.

Terminological Traps

"Beat" ("Tactus," "Takt" oder "Taktteile") is a problem word.

<u>Metrically</u>, it refers to a time-point (a temporal location) . . . but in general rhythmic parlance, many musicians use it to refer to:

Terminological Traps

- A physical gesture ("beating time")
- The rate of those articulations (tempo)
- The time-signature used to notate a particular metrical type.
- A sense of motion or speed ("groove")
- A shorthand for a rhythmic pattern (esp. in hip-hop, as in "sampling beats")

Terminological Traps

What beats <u>really</u> are: an subjective/ endogenous response to temporal regularities (of a certain time scale, between 6-.5hz) in the environment.

Beats are the hallmark of <u>entrainment</u>, a temporal resonance between a person and rhythms in their environment, rhythms that are often created by other people.

Beat Perception is Not Passive

We readily interpolate elements, even when onsets are missing in the music . . .



And even when there is "rhythmic interference"



Entrainment

"In response to a periodic input, a physiological rhythm may become entrained or phase-locked to the periodic stimuli, such that for each N cycles of the input there are M cycles of the second rhythm." (Glass and Mackey 1988)

Human entrainment involves neural oscillations of our sensorimotor system, both in terms of attention and covert or overt action.

Meter as Entrainment

- Entrained rhythms are **self-sustaining** yet inter-dependent.
- Meter is entrainment in a musical context.
- Meter involves a coordinated set of attentional periodicities, which may (and usually do) direct motor behaviors.
- Our metric behaviors are over-learned, practiced responses to music--our metrical oscillators are "tuned" via enculturation.

The Meter-Rhythm Distinction

- Meter is comprised of endogenous "beats"
- Beats are abstracted from the soundstream by the listener
- Beats are organized
 into cyclical measures
- Meter involves <u>when</u> events happen

- Groups are comprised of phenomenal durations
- Durations are based on the inter-onset interval between sounds
- Durations are organized into groups, which may or may not repeat
- Groups involve <u>what</u>
 events happen

Some Metric Terms

Metrical Hierarchies involve:

- Subdivisions of the beat (Taktglieder)
- Beats (Takt)
- Bars (Takt/Metrum)

Some Metric Terms

Metrical Hierarchies involve:

- Subdivisions of the beat
- Beats
- Bars (cyclical patterns of beats)

Basic metrical terminology:

	Binary Subdivision	Ternary Subdivision
Binary Beat Cycle	Simple Duple (4/4)	Compound Duple (6/8)
Ternary Beat Cycle	Simple Triple (3/4)	Compound Triple (9/8)

Rhythm-Meter Summary

- Musicians have developed a rich vocabulary for representing and describing musical rhythms.
- These representations and descriptions are grounded in concerns with <u>how</u> these rhythms are produced--of what actions need to be performed and when.
- Vocabularies and notational representations are short-hands for more complex sounds and actions; they are often <u>inaccurate</u> as representations of their actual structure.

Rhythm-Meter Summary

- Rhythm and meter are distinct aspects of music's temporal structure and our experience of it.
- Rhythm involves phenomenal durations and their organization into groups.
- Meter involves our endogenous sense of beats and beat cycles, a musically-specific manifestation of our more general capacity for entrainment.
- Meter and Rhythm interact—may be mutually reinforcing, or contradictory.

• This Performance is TOO FAST



- This Performance is TOO SLOW
- This Performance is JUST RIGHT

- This Performance is TOO FAST
- This Performance is TOO SLOW



• This Performance is JUST RIGHT

- This Performance is TOO FAST
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→ A sense of rhythmic motion requires at least one periodicity in the 300-1500ms range.

Perceiving Number and Duration

- 100ms required for determination of quantity (quadruplet versus quintuplet); also the limit for subjective rhythmization (Bolton 1894).
- 100ms required to hear durational differences (Hirsh, Monohan, et al 1990).







3-4-5 ... @120ms





120ms Long-Short



Perceiving Number and Duration

- 100ms required for determination of quantity (quadruplet versus quintuplet); also the limit for subjective rhythmization (Bolton 1894).
- 100ms required to hear durational differences (Hirsh, Monohan, et al 1990).

→ BUT 100ms is too fast for beat perception.

• You can clap along with this:



- And you can clap along with this:
- But not to this:

- You can clap along with this:
- And you can clap along with this:
- But not to this:

- You can clap along with this:
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- You can clap along with this:
- And you can clap along with this:
- But not to this:
 - → I500ms is the limit for connected motion and anticipatory attending and hence beat perception.

Different Levels; Different Rules

- We are able to hear rhythmic relationships only with a fairly restricted range (100ms to 5-6 seconds) beyond that, we lack any direct apprehension of "rhythm" in the normative sense of the word.
- Within this range, the temporal topography is not uniform:
 - Very short intervals grasped qualitatively
 - Beat-level intervals grasped quantitatively
 - Larger intervals are composites of 2 or more beats

Different Levels, Different Rules

- We do encounter faster musical events—trills and grace notes—but perceptually (and hence gesturally) these are very different from patterns of duration > 100ms
- And of course we encounter very slow events (>1.5-2.0 sec), but they are heard in isolation, and not connected in terms of motion or gesture.

Rhythmic Accents

A demonstration: do you hear 2s or 3s?

- Example 1:
- Example 2:
- Tempo Effects:
 - 3.1
 - 3.2
 - 3.3



Subjective Accents

- Entrainment leads us to interpolate beats that are not phenomenally articulated in the music.
- Subjective rhythmization leads us to hear certain sounds as accented, even when they are not phenomenally differentiated in terms of duration or loudness.

Rhythm Perception Summary

- 1. Rhythmic perception is active, and involves sensorimotor entrainment.
- 2. Patterns of grouping are phenomenal; meter is endogenous.
- 3. 100ms, 300ms, 600ms, 1500ms.
- 4. Rhythmic patterns are not given, but emerge through the interplay of our perception and enculturated cognition.

End of First Lecture

Next: Synchronization

Subjective Accents

Pitch (melody) can affect grouping:

- Melodies in different registers:
 - Auditory Stream Segregation
- Melodic peaks and dips
 - Regular contour \rightarrow regular groups
 - Irregular contour \rightarrow ???



Some Rhythmic Terms Rhythmic Elements, or a question of proportions:



Musical notation expresses durational relations in terms of integer ratios (1:2, 1:3, 2:3), but as we will see, these do not occur in actual performances.

Some Rhythmic Terms Rhythmic Elements, or a question of proportions:



Rather, notation represents durational **categories**, and these are maintained in performance.

Some Rhythmic Terms

Rhythmic groups: a question of boundaries





Some Rhythmic Terms

Rhythmic groups: a question of boundaries



All three melodies use a Long-Short-Short pattern of durations, but each has the group boundary in a different place: (a) L-S-S|L-S-S, (b) S-L-S|S-L-S, or (c) S-S-L|S-S-L.

Some Rhythmic Terms

Rhythmic groups: a question of boundaries



Note in all three, the long note is always on the downbeat; this does not change. Rather, it is whether the one or both short notes are heard as a **pick up** or **anacrusis** to the long, that is, whether the group starts with an upbeat, or on the downbeat.

Some Metrical Terms

Metrical Hierarchies can vary in "thickness"



Subjective Accents

Regularity and spacing of the groups matters:

- Irregularly spaced duplets:
- Regular, widely spaced duplets:
- Closer duplets:
- Very close duplets:









Subjective Accents

Regularity and spacing of the groups matters:

- Irregularly spaced triplets:
- Regular, widely spaced triplets:
- Closer triplets:
- Very close triplets:





