ULTIMATE ICELAND: Land of Fire & Ice

July 30 - August 15, 2022 (17 days) with Professor Emerita Mary Savina '72 & Professor William North



"The group, including the tour leaders, was really fun. I learned a lot more on this trip than I would have if I went alone."

- Winifred, Connecticut



"We appreciated the great variety of experiences, the meshing of geology, history and culture in the many stops."

- George-Anne, Minnesota

Air

Iceland's scenic landscape © David Mark

Carleton College Faculty Leaders

Mary Savina '72 is Charles L. Denison Professor of Geology Emerita at Carleton College, where she earned undergraduate degrees in history and geology. Her specialties-geoarchaeology, landscape history, and environmental geology-combine these interests nicely. Mary received the 2013 Undergraduate Research Mentor award, presented by the Geosciences division of the Council on Undergraduate Research, and the 1995 Outstanding Educator award from the Association of Women Geoscientists. When she first visited Iceland many years ago, she was enchanted by the combination of active geologic landscapes (volcanoes and glaciers!) and the deep historical roots of Icelandic culture. Four return trips cemented her fascination with the country. Mary has taken Carleton students (and, in some cases, alums) to other active geological landscapes in Greece, Tasmania (Australia), New Zealand, and the Mojave and Sonoran deserts of the American Southwest,



among other places. She has also found good excuses to travel to Australia, Europe, and central Alaska, generally finding opera performances wherever she goes, in addition to fascinating building stones, landscapes, and people. In her spare time, Mary sings in a choir and is active in explaining geology to groups in the local community.

William (Bill) North joined the history faculty at Carleton in 1999, after receiving his Ph.D. in medieval history from the University of California, Berkeley, and holding a postdoctoral fellowship in Byzantine Studies at Dumbarton Oaks in Washington, D.C. He has developed courses focused on the late Roman world, the early Middle Ages, Byzantium, and many other specialized topics. Bill regularly co-leads an off-campus program to Rome. Since 2017, he has cotaught a course with Mary Savina on human responses to earthquakes and has been expanding his scope to examine volcanoes. In many of these teaching contexts, Iceland has long played a significant role and provides fascinating materials for thinking about enduring topics of human societies. Its sagas, laws, and archaeology reveal the dynamics of law, crime, and punishment; the role of family; the nature and drivers of cultural and religious change; and the use of resources to



create communities. The idea of exploring this land and these human and environmental topics with Carleton alumni is tremendously exciting, and Bill looks forward to the rich and sustained conversations and the deep engagement in both learning and fun that participants seek.



Dear Carleton College Alumni and Friends,

Sitting astride the mid-Atlantic ridge, Iceland is one of the world's most geologically active and, therefore, spectacular places. I invite you to explore this land of fire and ice with two Carleton professors—geologist Mary Savina '72 and historian William North—plus Mary's favorite Icelandic tour manager/guide.

This itinerary is a complete, land-based circumnavigation of the island, and the pace allows you to experience Iceland indepth. Begin with two nights in Iceland's capital, Reykjavík, before setting out on a counterclockwise exploration of the island, ending in Reykjavík. Along the way, spend five nights in Iceland's south, a night in the east, four nights in the north, and three final nights in the west, staying in modern three- and four-star hotels that are perfect for exploring or relaxing. Your days will be spent walking through stunning landscapes featuring waterfalls, glaciers, geysers, hot springs, and volcanoes; plus see vast bird colonies, quaint fishing towns, and tranquil farms. Learn about the connections among Icelandic history, culture, wildlife, and landscapes; and sample local cuisine.

This exclusive Carleton adventure is limited to 26 participants, so I encourage you to contact the Alumni Adventures office toll-free at (800) 811-7244 or via email at carleton@studytours.org to reserve your space today!

Sincerely,

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Amy Bevilacqua '89 President, Carleton Alumni Council





ITINERARY

B=breakfast, L=lunch, D=dinner

Saturday, July 30, 2022: Depart home

Depart the U.S. on flights to Keflavík International Airport (KEF).

Sunday, July 31: Arrive Keflavík, Iceland | Reykjanes Peninsula | Blue Lagoon | Reykjavík | Welcome dinner

Guests arriving at Keflavík on the suggested flight will be met and transferred as a group to Reykjavík. En route we stop for breakfast and then visit the Reykjanes Peninsula to see old lava flows, volcanic mountains, hot springs, solfataras, and bird life. Continue on to the famous Blue Lagoon, a "natural"

geothermal pool in the middle of a lava field, where you might choose to take a refreshing dip in the warm, mineral-rich water. An indoor pool and geothermal sauna are also on-site. Drive the rest of the way to Reykjavík, where we check-in to our hotel. Our local guide will be available to suggest independent lunch options. The afternoon is free to relax before we gather this evening for a welcome dinner. Overnight at the 3-star Hótel Klettur for two nights. (B,D)

Monday, August 1: Reykjavík city tour | PM at leisure

This morning take a half-day tour of Reykjavík, the world's most northerly capital. This is a comprehensive introduction to Reykjavík's past and present by foot as well as by motorcoach. Enjoy viewing the maze of narrow alleys framed with old timber houses, the church of Hallgrímskirkja, the university district, the new Harpa Concert Hall, and City Hall. For a good introduction to the natural wonders of Iceland we will also visit the Perlan Museum, which features a real indoor ice cave, an exhibit on glaciers, and more. Lunch and dinner are on your own. The balance of the day is at leisure. (B)

Tuesday, August 2: Golden Circle tour: Thingvellir National Park, Geysir Geothermal Field, Gullfoss waterfall | Hella

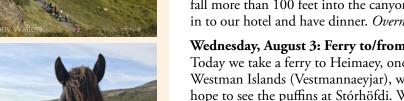
Check out of our Reykjavík hotel this morning and set out for Thingvellir, the old parliament site where the national assembly was founded in A.D. 930 (and continued until the late 1800s, when it moved indoors to Reykjavík). Thingvellir is also a place of geological interest, where the continental plates of North America and Europe come to the surface. Continue on to Skálholt Church, built on the site where southern Iceland's first bishopric was founded in the 11th century. Visit a greenhouse called Friðheimar, located in Reykholt, where tomatoes are grown year-round despite Iceland's long, dark winters. After a light lunch, featuring a taste of the crop, we continue our drive to the geothermal field of Geysir for a walk around the hot springs. Nearby is Gullfoss waterfall, which travels 18 miles from the glacier Langjökull in the north to fall more than 100 feet into the canyon of Hvítá. Drive to the town of Hella, where we checkin to our hotel and have dinner. Overnight at the 4-star Stracta Hotel for three nights. (B,L,D)

Wednesday, August 3: Ferry to/from Heimaey | Hella

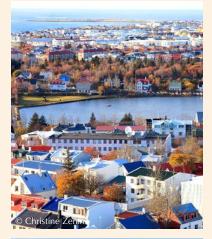
Today we take a ferry to Heimaey, one of the Westman Islands (Vestmannaeyjar), where we hope to see the puffins at Stórhöfdi. Walk up to the crater of nearby Eldfell volcano, which erupted in 1973, nearly filling the harbor (see John McPhee's Control of Nature), and visit the old fort Skansinn. Tour the Eldheimar Museum to gain insight into how over 5,000 inhabitants

Photos: (from top) Westman Islands, Reykjavík, Gullfoss waterfall, Icelandic pony, (right) Blue Lagoon





For questions, and to reserve your space: 800-811-7244 or carleton@studytours.org







fled in the middle of the night due to the eruption, and view one of the buildings that was excavated from the ash. Enjoy an independent lunch and free time this afternoon to explore Heimaey before we return by ferry to the mainland. Gather this evening for dinner in Hella. (B,D)

Thursday, August 4: Thjórsárdalur Valley | Hvolsvöllur | Hella

In the valley of Thjórsárdalur we follow an easy hiking path upriver to Gjáin, a beautiful, green oasis. Its waterfall is one of several along the river Rauðá, and at the bottom and on its walls are beautiful lava formations. Not far away is Hjálparfoss, a two-stepped waterfall dropping into a round pool near the confluence of the rivers Thjórsá and Fossá. Along the way enjoy a packed lunch and then continue on to the Viking farm Stöng, a reconstructed period homestead roofed with turf. The valley of Thjórsárdalur is dominated by Hekla, Iceland's second most



active volcano, which buried Stöng and other farms in A.D. 1104. En route to our hotel we stop in Hvolsvöllur to visit The Lava Centre, a high-tech educational exhibition depicting volcanic activity, earthquakes, and the creation of Iceland over millions of years. Return to our hotel in Hella and gather for dinner this evening. (B,L,D)

Friday, August 5: South Shore | Vík í Mýrdal | Hnappavellir

Explore Iceland's south shore today, stopping first to visit Seljalandsfoss waterfall, a narrow ribbon of water that can be viewed from all sides, and drive through the area most affected by the 2010 eruption of the Eyjafjallajökull volcano. Visit Skógafoss, the last in a series of 20 waterfalls on the Skógaá River, and the Skógar Folk Museum. Drive to Reynisfjara, a beach of black volcanic rock. Just offshore are the sea stacks of Reynisdrangar ("night trolls"), and in the headlands above is a huge, stratified bird colony with kittiwakes on the lower level, puffins nesting in the middle slopes (in summer), and fulmar near the top. Continue driving to Vík í Mýrdal, a pleasant coastal village with a population of 300, where we have lunch independently and the opportunity to visit the Vík Wool Shop. Also in Vík, we attend the Icelandic Lava show, a new geological exhibition that recreates a



volcanic eruption in a controlled environment. From Vík, we drive across the Laki Lava, produced during the devastating eruption of 1783, as well as over huge fields of glacial sands (Sandür) on the margins of the large icecap Vatnajökull. End the day in Hnappavellir, where we check-in to our hotel and gather for dinner this evening. *Overnight at 4-star Fosshotel Glacier Lagoon for two nights.* (B,D)

Saturday, August 6: Vatnajökull National Park | Jökulsárlón glacial lagoon | Hnappavellir Today we visit Skaftafell, in Vatnajökull National

Park (Europe's largest national park), which has Iceland's highest mountain, an alpine environment, and Europe's largest glacier, covering about 8% of Iceland. After an independent lunch we continue on to Jökulsárlón, a glacial lagoon that is one of Iceland's deepest lakes and flows through a short waterway into the Atlantic Ocean. We will take a Zodiac inflatable boat tour among its icebergs. Return to our hotel in Hnappavellir, and gather for dinner this evening. (B,D)

Sunday, August 7: Eastfjords | Petra's Stone & Mineral Collection | Fáskrúðsfjörður Today we set out for a scenic drive through the dramatic fjord landscape and tiny fishing villages in the Eastfjords, pausing along the way (weather permitting) for landscape photo opportunities. En route we will stop for an independent lunch and also visit Petra's Stone

Photos: (from top) Iceland's scenic landscape, Mývatn Nature Baths, glacial ice, Skaftafell Glacier, Dimmuborgir Lava, (above) Atlantic puffins









"Our guide, driver and leaders were great and it was a joy spending time in Iceland again."

- Anne, Minnesota

& Mineral Collection, a small museum housing a stunning private collection that was started in 1946 by Ljósbjörg Petra María Sveinsdóttir. Continue on to Fáskrúðsfjörður, where we check-in to our hotel and have dinner. *Overnight at the 3-star Fosshotel Eastfjords*. (B,D)

Monday, August 8: Dimmuborgir | Mývatn

Take a morning drive to Dimmuborgir to admire its amazing rock formations, and onward to Lake Mývatn, famous for

its volcanic caves, lava formations, pseudo-craters, and tephra cone. Along the way we will stop for an independent lunch, and to see the colorful geothermal fields at Námaskarth, the caldera Krafla, and the Crater Lake Víti ("Hell"). End the day relaxing in the Mývatn Nature Baths, with a fantastic view over the whole area. These hot springs are 97 to 104 degrees Fahrenheit and packed with minerals, particularly sulphur. Check-in to our hotel in Mývatn and gather for dinner this evening. *Overnight at the 3-star <u>Icelandair Hotel Mývatn</u> <i>for two nights*. (B,D)

Tuesday, August 9: Dettifoss | Ásbyrgi | Mývatn

Today we travel to Dettifoss, Europe's most powerful waterfall, in the northern part of Vatnajökull National Park. The round-trip walk takes about 40-60 minutes. We will stop for an independent lunch and also visit Ásbyrgi Canyon, a spectacular horseshoe-shaped depression with an 82-foot-high rock called the "island hat." The canyon's steep sides are formed by cliffs up to 330 feet in height. Return to our hotel in Mývatn and gather for dinner this evening. (B,D)

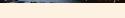
Wednesday, August 10: Skútustaðir | Goðafoss waterfall | Akureyri

This morning, at Skútustaðir, we walk around some of the region's numerous pseudocraters. Return to the Lake Mývatn area, whose unique features are shaped by nature strange lava formations, volcanic craters, and attractive bays filled with vast numbers of breeding waterfowl, including tufted duck, greater scaup, Barrow's goldeneye, red-breasted merganser, wigeon, gadwall, mallard, common scoter, long-tailed duck, Eurasian tea, harlequin, and eiders. We will stop for an independent lunch as well as a visit to Goðafoss, a beautiful waterfall that holds a prominent spot in Iceland's history. Continue driving to Akureyri, where the balance of the day is at leisure. *Overnight at the 4-star <u>Hotel Kea</u> for two nights.* (B)

Thursday, August 11: Whale watch | Tröllaskagi Peninsula | Siglufjörður | Kaldi Brewery | Akureyri

Set out this morning from the small town of Hauganes on a whale watching tour. Those who are interested may try their hands at sea angling while onboard. After an independent lunch we explore the mountainous Tröllaskagi Peninsula, which has the highest peaks outside the central highlands. Drive along scenic Eyjafjörður fjord and through the fishing villages of Dalvík and Ólafsfjörður, with superb views (and perhaps some bird watching) along the way. A new tunnel takes us to Siglufjörður, an idyllic fishing village barely 24 miles from the Arctic Circle. From 1900 to 1970, Siglufjörður was the herring capital of the North Atlantic, but today is a quiet home to 1,500 people. We will visit its herring museum, and those who are interested will have the option (at additional cost) to visit its Folk Music Centre. End the day with a beer tasting at Kaldi, a local microbrewery, before returning to our hotel in Akureyri. (B,D)

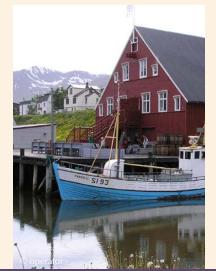
Photos: (from top) Kirkjufell on the Snæfellsnes Peninsula, Carls pose in front of a rainbow, lighthouse on the western coast, Siglufjörður



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"Wonderful journey." - Joel, California

© David Mark

Friday, August 12: Akureyri | Borgarnes

Today we drive from Akureyri to Borgarnes (approximately five hours), making stops along the way to break up the long drive, stretch our legs, and enjoy a light lunch. Arrive at Borgarnes, on the Ring Road, and check-in to our hotel. Gather for dinner this evening. *Overnight at the 3-star <u>Icelandair Hotel Hamar</u> for two nights.* (B,L,D)

Saturday, August 13: Snæfellsnes Peninsula | Arnarstapi & Hellnar villages | Borgarnes

Take a day trip on the Snæfellsnes Peninsula, visiting The Volcano Museum in Stykkishólmur and a shark curing farm in Bjarnarhöfn, and encountering spectacular scenery and wildlife, including seals and myriad sea birds. Along the way we stop for an independent lunch and also visit the idyllic fishing village of Arnarstapi, Berserkjahraun lava field (which has Saga significance), and the nearby village of Hellnar, where place names are inspired by an Icelandic saga relating the story of Bárður, a half-human, half-ogre. Return to our hotel in Borgarnes, and gather for dinner this evening. (B,D)

Sunday, August 14: Deildartunguhver | Hraunfossar | Barnafoss | Reykjavík | Farewell dinner

Return to Reykjavík via Borgarfjörður, stopping for an independent lunch at an opportune location. Along the way we will marvel at Deildartunguhver, one of the world's most powerful hot springs, which produces 52 gallons of hot water per second; and at Hraunfossar, where crystal-clear water seems to appear from nowhere beneath the 1,000-year-old lava field and fall into the muddy glacial river. A 10-minute walk up the river takes us to Barnafoss, where the glacial river has carved strange rock formations. End the day in Reykjavík, where we check-in to our hotel and gather this evening for a farewell dinner. *Overnight at the 3-star <u>Hotel Klettur</u>.* (B,D)

Monday, August 15: Fly home

Those departing on the suggested flight will be transferred as a group from Reykjavík to Keflavík International Airport (KEF) for flights homeward. (B)

What to Expect

There will be daily walks of approximately 1-3 miles total per day, as much as one mile at a time. All walks can be done at an easy pace and, aside from walking up (and down) a few small cinder cones, there is not much elevation gain/loss. You must be able to walk, unassisted, over uneven terrain and up and down steps that may be steep and without handrails. Participants who are not able to walk or stand unassisted for extended periods are kindly advised not to join this tour. All participants are expected to be physically active and not be an impediment to others on excursions, to enjoy traveling as part of a group, and to be ready to experience cultural differences. All participants will be required to follow safety/sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you.

We ask travelers to be flexible, as the itinerary is set well ahead of time and may need to be adapted on the fly for changes in weather, ease of access, transportation, or other factors. In late July and early August, we can expect temperatures in the mid 50s to 60s F, a monthly rainfall average of about 1" in Reykjavík, and 16 hours of daylight (plus an hour or so of "dawn and dusk"). Hotels have been chosen for their excellent locations and generous comfort, and included meals are of a very high quality. Gratuities are not a tradition in Iceland and are neither expected nor encouraged.



ACCOMMODATIONS



Three nights total at the 3-star <u>Hótel Klettur</u> in Reykjavík



Three nights at the 4-star <u>Stracta Hotel</u> in Hella



One night at the 3-star <u>Fosshotel Eastfjords</u> in Fàskrùðsfjörður



Two nights at the 3-star <u>Icelandair Hotel Hamar</u> in Borgarnes



Two nights at the 3-star <u>Icelandair Hotel Mývatn</u> in Mývatn



Two nights at the 4-star <u>Fosshotel Glacier Lagoon</u> in Hnappavellir



Two nights at the 4-star <u>Hotel Kea</u> in Akureyri

"Thoroughly enjoyed the detailed stories and histories behind the Icelandic landscape features... The group was fun to be with, meaningful conversations, and cheerful. The...lectures were stimulating...A great trip!" - Mary, Vermont



(From left) Viking Ship sculpture in Reykjavík, Hjálparfoss two-step waterfall, Stykkishólmur

Tour Prices Per Person (15 nights)

Double Occupancy (25 to 26 participants)	\$7,795
Double Occupancy (20 to 24 participants)	.\$8,195
Double Occupancy (15 to 19 participants)	.\$8,795
Single Supplement	\$2,245

Single room supplement will be charged when requested or required (limited availability). With fewer than 15 participants, a small group surcharge may be added.

Prices Include:

- Faculty leaders Mary Savina '72 and William North, plus an expert local guide/tour manager
- 15 nights' accommodations (seven in 4-star and eight in 3-star hotels)
- Group arrival and departure transfers on tour dates, based upon the suggested flights (TBA)
- Surface transportation by air-conditioned motor coach
- Ferry transportation as indicated in the itinerary
- Breakfast daily, 3 lunches, and 13 dinners (including welcome and farewell dinners with wine/beer). Dinners include water, tea, coffee, and either one beer or glass of wine per person
- All excursions and entrance fees as per the itinerary
- · Local taxes and service charges
- Baggage handling at hotels where available
- · Comprehensive pre-departure information, including a suggested reading/ media guide, travel guide, and packing list.

Flights & Transfers: Airfare to/from Keflavík International Airport (KEF) is not included. Group airport transfers upon arrival on July 31st and departure on August 15th are included based on the suggested flights (TBA). Once you have received your final payment invoice, you should book your flights. If you are considering booking your flights before this time, please contact our office first. Your flight itinerary must be provided to our office prior to departure. We do not accept liability for cancellation penalties related to domestic or international airline tickets.

Prices Do Not Include: Airfare from/to home; passport and visa fees; inoculation fees; all airport fees and departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; items of a personal nature, such as laundry, taxi, telephone, and fax charges; meals or beverages (except as noted); optional excursions or deviations from scheduled tour; airport transfers for those not traveling on the suggested flights. Payments: A deposit of \$1,000 per person is required to reserve your space and is payable by Visa, MasterCard, American Express, or check made payable to "EOS-Passenger Account-CAA Iceland7/22." Final payment is due 90 days prior to departure and must be by check, ACH transfer, or wire transfer only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure and elsewhere published.

Participant Cancellation Fees: All requests by participants for cancellations must be received in writing by Alumni Adventures. Cancellations received at least 180 days prior to departure are fully refunded. Cancellations received between 179 and 90 days prior to departure are refunded less a cancellation fee of \$250 per person. Cancellations received between 89 and 61 days prior to departure are subject to a cancellation fee equal to 50% of the tour cost. Cancellations received 60 days or less prior to departure are subject to a cancellation fee of 100% of the tour cost. For this and other reasons, participants are strongly encouraged to purchase trip cancellation insurance. Information will be provided with confirmation of receipt of your deposit.

Note: Prices are based on tariffs and exchange rates in effect at the time of publication and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services, and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

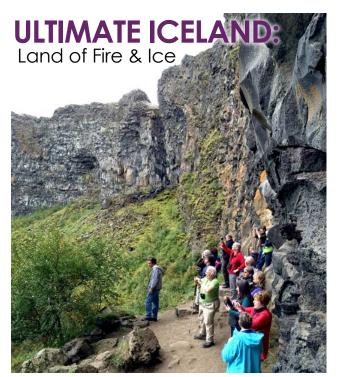
Prices, itinerary, accommodations, and leaders are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to participants who do not complete the tour for whatever reason.

Due to space limitations, this is abbreviated information. Complete terms and conditions will be sent upon confirmation or upon request, and can be viewed online at carleton.edu/alumni/adventures/

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For questions, and to reserve your space, please contact Alumni Adventures at: 800-811-7244 | Fax: 603-756-2922 | carleton@studytours.org | carleton.edu/alumni/adventures P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608



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PO Box 938, 47 Main Street, Suite One, Walpole, NH 03608

"I enjoyed meeting and spending time with the other participants on the trip. Great to meet other Carls and their partners who have interesting perspectives and an enthusiasm for travel and learning."

-Jay, Utah

"Each sight was amazing and worthwhile. Mary Savina was great with the geology." - Maureen, California

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Download this form to fill in and submit via email, or to	print and mail or fax to Alumni Adventures.
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ALUMNIADVENTURES	July 30 - August 15, 2022 (17 days) with Professor Emerita Mary Savina '72 & Professor William North		
To hold your reservation for seven days while this form and	your deposit are in the mail, please	e contact us at 800-811-7244 or carleton@studytours.org.	
Participant Name 1		Carleton Class of:	
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Please complete this reservation form, sign the relea	se statement below, enclose yc	our deposit, and "submit" by email, mail, or fax to:	
	entures - P.O. Box 938, Wa -2922 • Email: carleton@stu		
By signing this form, you are acknowledging that		all Terms & Conditions delineated throughout.	
I understand that checking this box constitutes a	2 · •	0	
Signature (participant #1)		Time and Date	

Signature	(partici	pant #2)

Time and Date

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TERMS AND CONDITIONS, **RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND BINDING ARBITRATION AGREEMENT**

RESPONSIBILITY: Carleton College and its agent, Eos Study Tours, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (hereinafter "Sponsors"), and the tour operator and/or its agents (collectively "Sponsors/ Operator") do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities; airline, vessel, or other transportation companies; guides or guide services; local ground operators; providers or organizers of optional excursions; food service or entertainment providers; etc. All such persons and entities are independent contractors. As a result, Sponsors/Operator are not liable for any negligent or willful act or failure to act of any such person or of any other third party. In addition and without limitation, Sponsors/Operator are not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of force majeure; acts of God; acts of government; acts of war or civil unrest, insurrection, or revolt; bites from or attacks by animals, insects, or pests; strikes or other labor activities; criminal or terrorist activities of any kind or the threat thereof; sickness, illness, epidemics, pandemics, or the threat thereof; the lack of availability of or access to medical attention or the quality thereof; overbooking or downgrading of accommodations; mechanical or other failure of airplanes, vessels, or other means of transportation; or for any failure of any transportation mechanism to arrive or depart timely or safely. In addition, Sponsors/Operator are not liable for their own negligence, and participant assumes all risk thereof. CHANGES IN ITINERARY OR FEATURES: Sponsors/Operator reserve the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Sponsors/Operator shall not be liable for any loss of any kind as a result of any such changes. Sponsors/Operator are not required to cancel any trip for any reason including, without limitation, United States Department of State, World Health Organization, or other Warnings or Advisories of any kind. Sponsors/Operator are not responsible for penalties assessed by air carriers resulting from operational and/or itinerary changes, even if Sponsors/Operator make the flight arrangements or cancel the trip. Sponsors/Operator reserve the right to substitute hotels or attractions of a similar category for those listed in this brochure. LUGGAGE: Luggage allowance policies are set by the airlines and may change without prior notice. PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance must be reported in writing when you make your reservation. Participants must be able to embark or disembark transportation vehicles, stand for extended periods, climb stairs, and step over raised thresholds all without assistance. All participants will be required to follow safety/ sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws, and any participant who refuses to follow protocols may be asked to leave the program with no refunds provided. <u>REFUNDS</u>: Prices quoted are based on group participation. No refunds will be made for any part of the program in which a participant chooses not to participate. Refunds cannot be made to participants who do not complete the tour for any reason, nor to participants whose entry into any country or aboard any transportation vehicle, including airplanes and cruise ships, is delayed or denied. TOUR CANCELLATIONS AND REFUNDS: Sponsors/Operator reserve the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part unless trip cancellation, itinerary changes, and/or delays are mandated by causes beyond our control, in which case the participant shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by Sponsors/Operator, or else receiving a refund of as much of such advance tour expenditures as Sponsors/Operator are able to recover on the participant's behalf from carriers, third-party tour vendors, etc. Sponsors/Operator, however, shall not have any obligation or liability to the participant beyond the foregoing. TRIP INSURANCE: Sponsors/Operator strongly recommend that participants purchase trip cancellation insurance. In the event that you must cancel your participation, trip cancellation insurance may be the only source of reimbursement. Trip cancellation

insurance is available through Sponsors/Operator and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsors/Operator will send participants an application upon receipt of their reservation. PRICES: Prices quoted are based on fares in effect at the time of publication and are subject to changes at any time. On all programs, even after full payment, Sponsors/Operator reserve the right to increase the tour price in the event of cost increases due to changes in supplier costs, tax increases, currency fluctuations, or fuel and energy surcharges, and all such increases are to be paid to Sponsors/Operator upon notice to the participant. FORUM AND METHODOLOGY FOR DISPUTE **<u>RESOLUTION</u>**: Any dispute or claim which refers or relates to this contract, any literature related to the trip, or the trip itself shall be litigated solely and exclusively in and for courts in Keene, New Hampshire, subject to substantive and procedural New Hampshire law, and for this limited purpose, the parties agree to exclusive venue and personal jurisdiction therein. At the participant's option, however, in lieu of litigation, Sponsors/Operator will agree to binding arbitration in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. U.S. STATE DEPARTMENT & CENTERS FOR DISEASE CONTROL: Both the Centers for Disease Control and U.S. State Department publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: https://wwwnc.cdc. gov/travel/notices and https://travel.state.gov/content/passports/en/ alertswarnings.html. ASSUMPTION OF RISK: Participants agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses or other illnesses, viruses, diseases, or conditions. Participants understand and agree to hold Sponsors/ Operator, their officers, vendors and suppliers harmless and not liable for any real or perceived symptoms of any disease, virus, illness, or condition, nor for exacerbating any existing symptoms of any illness, virus, disease or condition, quarantine requirements, disability, and other short-term and long-term health effects, including death. MISCELLANEOUS: Participants should not purchase airline tickets prior to receiving their final payment invoice so as to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. Baggage and personal effects are at all times the sole responsibility of the participant. If, due to weather, flight schedules, or other uncontrollable factors, you are required to spend (an) additional night(s), you will be responsible for your own hotel, transfers, and meal costs. Baggage is entirely at owner's risk. Sponsors/Operator reserve the right to decline to accept or retain any participant at any time. The right is reserved to decline to accept as a participant, or remove from a trip, without refund, any person it judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders, or third parties, or who is determined to detract from the enjoyment of the trip by others. Specific room assignments are within the sole discretion of the hotel. APPEARING IN PHÖTOS: Photos from Alumni Adventures' trips may be posted on photo-sharing web sites or on social networking sites. Your likeness may appear in some photos or videos, posted either by other travelers or tour lecturers/guides, and the circulation of the materials could be worldwide. Trip photos may also be selected to appear in future Alumni Adventures promotions; no compensation is available for appearing in a trip photo used for promotional purposes. ACCEPTĂNCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she agrees with these terms and conditions, and accepts the terms contained in these Terms and Conditions, Release of Liability, Assumption of Risk and Binding Arbitration Agreement. The participant affirms that he/she has not received or relied upon any oral representation of Sponsors/Operator as a basis for executing this Release.