

SUGGESTED READING GUIDE HIKING SCOTLAND'S WESTERN ISLES

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RECOMMENDED PACKAGE

These five items are available as a set for \$92 including shipping, 15% off the retail price (Item EXSCT115). Any additional books ordered will be shipped free of charge.

- Ascherson, Neal. *Stone Voices, The Search for Scotland*. Farrar, Straus & Giroux, 2004. Ascherson writes with verve and insight on the centuries-old impulse toward nationhood in Scotland in this absorbing portrait. (PAPER, 240 Pp., \$30.95, Item SCT66)
- Humphreys, Rob. *Rough Guide Scottish Highlands and Islands*. Rough Guides, 2014. A comprehensive guide in the hip, literate and very informative Rough Guide style. It's divided cleanly between practical information and illuminating background on culture and history. (PAPER, 448 Pp., \$20.99, Item SCT132)
- MacLean, Fitzroy, and Magnus Linklater (Contributor). *Scotland, A Concise History*. Thames & Hudson, 2012. This richly illustrated survey brings Scottish history up to the present through its romantic figures and bloody battles. With 250 well-integrated illustrations, this revised fourth edition includes a newly added chapter on Scotland's place in the 21st century. (PAPER, 248 Pp., \$19.95, Item SCT15)
- McPhee, John. *The Crofter and the Laird*. Noonday Press, 1978. McPhee packs up his family and returns for a year to his ancestral land on the Isle of Colonsay in this lyrical, appreciative portrait of place and traditional ways of life in the Hebrides. (PAPER, 159 Pp., \$16, Item SCT23)
- National Geographic Maps. *Scotland Adventure Map*. National Geographic Maps, 2013. A double-sided folded map of Scotland by the National Geographic Society and World Mapping Project at a scale of 1:440,000. (MAP, \$11.95, Item SCT222)

HISTORY & CULTURE

- Beattie, Andrew. *The Scottish Highlands, A Cultural History*. Interlink Publishing Group, 2014. An exploration of the past and present of the Scottish Highlands, from the first Celtic settlements to their transformation into Scotland's modern mining capital. (PAPER, 256 Pp., \$22.10, Item SCT210)
- Magnusson, Magnus. *Scotland, The Story of a Nation*. Grove Press, 2003. A vivid survey of the history of Scotland, rich in personality and incident, by a master storyteller. (PAPER, 752 Pp., \$22.50, Item SCT54)

- Moffat, Alistair. *The Highland Clans*. Thames & Hudson, 2013. This excellent compact history of the Scottish Highland clans brings to life their leaders, traditions, families and heroic deeds with color illustrations, photos, a clan map and an alphabetical family list. (PAPER, 176 Pp., \$15.95, Item SCT164)
- Newell, J. Philip. *Celtic Prayers from Iona*. Paulist Press, 1997. While wardens on the island, Newell and his wife were inspired by Gaelic prayer and the poems of 19th-century Scotsman Alexander Carmichael. To spread their appreciation for the art form, they developed this handsome book of prayers. (HARD COVER, 96 Pp., \$14.95, Item SCT21)
- Palmer, Hugh. *The Most Beautiful Villages of Scotland*. Thames & Hudson, 2004. Not just drop-dead beautiful, this lavishly illustrated compendium includes suggestions for historic hamlets, market towns, castles and estates. With notes on travel, hotels, restaurants and accommodations. (HARD COVER, 208 Pp., \$40, Item SCT81)

TRAVEL, BIOGRAPHY & MEMOIR

- Adomnan of Iona, and Richard Sharpe (Translator). *Life of St. Columba*. Penguin, 1995. An early account of the life of St. Columba, the 6th-century abbot who established the monastery on Iona. Written by Adomnan of Iona at the turn of the 8th century, it introduces the profoundly spiritual man as well as his famous abbey. (PAPER, 395 Pp., \$18, Item IRE103)
- Boswell, James, and Samuel Johnson. *A Journey to the Western Islands of Scotland and The Journal of a Tour to the Hebrides*. Penguin, 1984. Written when Johnson was 63 and Boswell 32 in 1773 (when they had been friends for ten years), these travel journals were the result of a three-month trip to Scotland. Johnson observed Scotland, and Boswell observed Johnson. (PAPER, 429 Pp., \$18, Item SCT07)
- Guy, John. *Queen of Scots, The True Life of Mary Stuart*. Marine Publishing, 2005. This major revisionist biography of the much-maligned monarch by British historian and Cambridge fellow Guy won the 2004 Whitbread Award. (PAPER, 608 Pp., \$17.95, Item SCT82)
- Nicolson, Adam. *Sea Room, An Island Life in the Hebrides*. HarperCollins Publishers, 2007. Nicolson explores the nature, history and magic of three remote islands in the Outer Hebrides in this affecting memoir. Tiny islands surrounded by serious tides, the Shiants nonetheless make their mark with 500-foot basalt cliffs, seabird and seal colonies and a long history. (PAPER, 391 Pp., \$15.99, Item GBR369)
- Starr, William W. *Whisky, Kilts, and the Loch Ness Monster*. University of South Carolina Press, 2011. Beginning and ending in Edinburgh and making stops at Glasgow, Culloden, Loch Ness, the Isle of Skye and more, Starr follows hilariously in the footsteps of Boswell and Johnson across Scotland. (PAPER, 240 Pp., \$29.95, Item SCT166)
- Yeadon, David. *Seasons on Harris, A Year in Scotland's Outer Hebrides*. HarperCollins Publishers, 2007. Yeardon writes with lively sympathy of the island and its people (and even the lousy weather) in this appreciative account of the culture, traditions and beauty of the island. (PAPER, \$15.99, Item SCT133)

LITERATURE

May, Peter. *The Lewis Man*. Aa Balkema, 2014. A second installment in the Isle of Lewis trilogy. Fin MacLeod has left the police force, intent on restoring his parents' storm-tossed cottage, when an unidentified corpse is recovered from a nearby peat bog. The dead man? Likely the father of Fin's childhood sweetheart. It seems MacLeod has walked into a terrible trap. (HARD COVER, 320 Pp., \$26.99, Item SCT224)

- Scott, Sir Walter. *Waverly*. Oxford University Press, 2009. Scott drew on childhood tales for this richly detailed portrait of the Highland and Lowland Scots, culminating with the defeat of Bonnie Prince Charles at the 1746 Battle of Culloden. (PAPER, 464 Pp., \$12.95, Item SCT119)
- Woolf, Virginia. *To the Lighthouse*. Harcourt Books, 1989. Woolf's modernist classic, in which the Ramsay family goes on holiday in the Hebrides, is drawn from memories of childhood trips to Cornwall. (PAPER, 209 Pp., \$13.95, Item SCT41)

NATURAL HISTORY & FIELD GUIDES

- Repcheck, Jack. *The Man Who Found Time*. Perseus, 2009. Repcheck brings Scottish geologist James Hutton (1726-1797) to the fore in this tale of the man and of Scottish Enlightenment. Hutton's ideas about the age of the Earth and embrace of gradualism was taken up by Charles Lyle in this ground-breaking *Principles of Geology*. (PAPER, 17 Pp., \$16.95, Item SCT190)
- Soper, Tony, and Dan Powell (Illustrator). *Wildlife of the North Atlantic, A Cruising Guide*. Bradt Publications, 2008. This compact, illustrated guide covers the many petrels, ducks, gulls, terns and other seabirds, as well as the rich abundance of life existing under the waves, that populate the vast Atlantic region from the British Isles to Newfoundland. (PAPER, 176 Pp., \$25.99, Item ATL26)
- Svensson, Lars. *Birds of Europe*. Princeton University Press, 2010. Featuring 3,500 glorious paintings by Killian Mullarney and Dan Zetterstrom, the second edition of this exquisite guide features updated text and maps. (PAPER, 416 Pp., \$29.95, Item FG47)

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