# Border Crossings: Exploring the French & Spanish PMRFNFFFS

## September 14-26, 2019 (13 days) with Carleton Professors Emeriti Dana & Stephen Strand



Châteaux de Lastours, France © Strand

## French & Spanish PYRENEES

OVERNIGHT
Itinerary Stops
Hotel Nights

#### Dear Carleton College Alumni and Friends,

I am pleased to announce the return of this bespoke tour, accompanied by **Carleton Professors Emeriti Dana and Stephen Strand**. Together with the Strands and **expert local guides**, you will explore off-the-beaten path destinations as well as some classic highlights of northeastern Spain and southern France.

Enjoy the company of fellow Carls and your two faculty leaders while you visit fascinating historic and cultural sites, including two UNESCO World Heritage sites: the spectacular medieval citadel of **Carcassone**, and Antoni Gaudí's elaborate **Sagrada Familia** in Barcelona. In addition to the typical walking required for sightseeing days, this program also features **several active walking/hiking excursions** of 4 to 7 miles per day, as indicated within the enclosed itinerary, visiting the **Château de Queribus**, the medieval towns of **Pals** and **Peratallada**, and the Benedictine monastery at **Montserrat**.

This **well-paced tour**, against the magnificent backdrops of the Pyrenees mountain range and the Mediterranean Sea, spends two nights in Carcassone; one night in Duilhac-sous-Peyrepertuse; two nights in **Collioure** (where we have a day at leisure in this pretty fishing port that has a long association with leading French painters, such as Henri Matisse); two nights in **Girona**; and **four nights in Barcelona**. Along the way, you will also enjoy visits to the **Cathar castles (châteaux) at Lastours and Peyrepertuse**; the weekly market in **Mirepoix** and Barcelona's **Santa Caterina food market**; a **wine and olive oil tasting** at a wine estate in France; a visit to a famous **sparkling wine producer** in Spain; and a **culinary workshop** focused on traditional Spanish dishes.

We hope you will join us in exploring the gastronomy, cultures, landscapes, and architecture of two European countries that beckon well-informed travelers to return again and again.

Sincerely,

Derek Fried '93 President, Carleton College Alumni Association





## Carleton Faculty Leaders



**Dana Strand** is Andrew W. Mellon Professor of French and the Humanities Emerita at Carleton College, where she taught courses on 20<sup>th</sup>and 21<sup>st</sup>-century French and Francophone literature, with a special emphasis on North Africa. A member of the editorial board of the journal

*Contemporary French Civilization*, she has published extensively on French and North African literature, culture, and film. The founding director of the European Studies concentration at Carleton, she also served on the Middle Eastern Studies Initiative. Dana has led student programs to Paris, southwestern France, Turkey, Egypt, and Morocco.



**Stephen Strand** is Raymond Plank Professor of Incentive Economics Emeritus at Carleton College. Before retiring in 2015, he taught courses in the Economics of the European Union, the Political Economy of the Turkish Republic, Turkey and the European Union, and a two-term course in Accounting

and Management Science. In 2013, Steve was an Affiliate Visiting Professor at Georgetown University's McGhee Center for Eastern Mediterranean Studies in Alanya, Turkey. He has led student programs to Egypt, Turkey, and Morocco; Paris; and Cambridge University, England. From 2015 to 2018, Steve has been Board Chair of the Playwrights' Center in Minneapolis, a national non-profit organization dedicated to the writing and production of new theater.

In 2015, Dana and Steve lectured on a Carletonsponsored, small-ship cruise in the western Mediterranean; and they led this same Carleton tour of France and Spain in fall 2017.



Carls at Gaudí's Sagrada Familia in Barcelona, Spain.



(B)= Breakfast, (L)= Lunch, (D)= Dinner

#### Saturday, September 14, 2019: Depart home

Depart home on independent flights to Toulouse, France.

#### Sunday, September 15: Toulouse, FRANCE | Carcassonne | Citadel tour | Welcome dinner

Arrive at Toulouse-Blagnac Airport (TLS). A group transfer in the early afternoon takes us from the airport to Carcassonne, approximately one hour away. Check-in to our hotel, a ten-minute walk from the old town (of which there are spectacular views from the hotel's restaurant). After a chance to get settled, we meet in the hotel lobby and set out for a guided tour of the Cité de Carcassonne, a UNESCO World Heritage site. Dating from the 13<sup>th</sup> century (and fully restored in the 19<sup>th</sup>), this fairy-tale-like citadel sits on high ground overlooking the modern town of Carcassonne. Return to our hotel, where we gather this evening for a welcome dinner. *Overnight at the <u>Hôtel des Trois Couronnes</u> for two nights*. (D)

#### Monday, September 16: Mirepoix market | Lastours | Carcassonne

This morning we drive to the medieval town of Mirepoix to wander through its weekly market in the medieval town square. After an independent lunch we drive to the Châteaux de Lastours, four Cathar strongholds in a line, perched high on a ridge overlooking two river valleys. Following a guided tour, we return to our hotel in Carcassone for a lecture by one of our faculty leaders. Dinner is on your own this evening. (B)

#### Tuesday, September 17: Château Canet wine estate | Duilhac-sous-Peyrepertuse

Set out this morning to visit a wine estate just outside Carcassonne, in the heart of a major wine producing area. The 19<sup>th</sup>-century Château Canet sits amidst the beautiful, rolling countryside of the Languedoc-Rousillon region and boasts a long tradition of both grape- and olive growing. Here, with the autumn harvest in full swing, we enjoy a tour of the vineyards and the winery, a tasting of both the olive oil and the wines that the Château produces, and then have an informal lunch under the trees on the grounds of the Château. Drive on to Duilhac-sous-Peyrepertuse, a tiny village deep in the Corbières Mountains, where we check-in to our hotel,

Carls enjoying a wine tasting, a tour, and lunch near Carcassone, France.



"The planned activities were all very good, and there was the right split of planned activity and on-your-own time." - Geoffrey, Ohio

get settled, and gather for dinner this evening. *Overnight at the 2-star <u>Hôstellerie du Vieux</u> <u>Moulin</u>. (B,L,D)* 

#### Wednesday, September 18: Peyrepertuse | Cucugnan | Queribus | Collioure

#### Walking distance 7 mi.

The village of Duilhac-sous-Peyrepertuse sits at the foot of the Château de Peyrepertuse, which we visit this morning. The views from this Cathar castle are breathtaking, with the mighty Pyrenees

etched clearly against the sky to the south. From here we drive down to the pretty village of Cucugnan for an early lunch at a local restaurant before we set out on a hike to the Château de Queribus, another imposing Cathar castle set atop a rocky crag in a seemingly impregnable position. Those who prefer may ride the motorcoach up to the castle. Afterward we drive to Collioure and check-in to our hotel. After a lecture by one of our faculty leaders, dinner is on your own tonight. *Overnight at the 3-star La Casa Païral Hotel for two nights.* (B,L)

#### Thursday, September 19: At leisure in Collioure

#### Optional: Walking distance 4 mi.

Spend the day at leisure in Collioure, on the shore of the Mediterranean and in the shadow of the Pyrenees. This charming town has a strong artistic tradition. You might stroll along the narrow, winding lanes, and relax at one of the many seaside cafés. Those who are interested may choose to join Dana and Steve on a morning walk down the coast to the quaint fishing village of Port-Vendres and either stop there at a café or continue with them up the hill to Fort Saint Elme, an old fort overlooking the bay. (The walk to Port-Vendres is about four miles round-trip.) Walk back to Collioure. Lunch and dinner are on your own. (B)

#### Friday, September 20: Figueres, SPAIN | Dalí Theatre-Museum | Girona walking tour

This morning we drive across the border into Spain, to the town of Figueres, for a guided tour of the Dalí Theatre-Museum, considered the last great work of Salvador Dalí. The artist himself is buried in a crypt beneath the stage. After an independent lunch in town, we continue on to Girona and check-in to our hotel. Take a guided walk through the historical old town, including the Jewish Quarter and the Gothic Cathedral with its famous, medieval Creation Tapestry. After a lecture by one of our faculty leaders, we have dinner at our hotel this evening. *Overnight at the 4-star <u>Hotel Carlemany Girona</u> for two nights. (B,D)* 

#### Saturday, September 21: Pals | Peratallada | Girona

#### Walking distance 4 mi.

Drive to the attractive medieval village of Pals for a brief visit. Admire its old stone houses, cobbled lanes, and views of the distant Pyrenees to the north. We then set out on a two-hour walk from Pals to the equally picturesque, and equally old, village of Peratallada (literally, "cut from the rock). Here we meet our motorcoach and drive to the nearby town of Palau Sator for lunch at a restaurant in an old *masia* (farmhouse). There is a small agricultural museum on the grounds that you may visit, time-permitting. We return to Girona, where the balance of the day is at leisure. Dinner is on your own this evening. (B,L)

#### Sunday, September 22: Barcelona: Sagrada Familia & Gothic Quarter

Check out of our hotel and drive to Barcelona, where we take a guided tour of Antoni Gaudí's famous Sagrada Familia, a UNESCO World Heritage site. It has been under construction for over a century, and is expected to be completed no



Stay two nights in Collioure, France, and enjoy a day at leisure to explore the village.



A windmill outside the village of Cucugnan, France.



A tribute to Salvador Dalí in front of the Dalí Theatre-Museum in Figueres, Spain.



Spend four nights in Barcelona, Spain, and enjoy a variety of planned excursions in and around the city, as well as time at leisure. Above (left to right), Gaudí's mosaic salamander at the front entrance to Güell Park, fountain at Barcelona Plaza, cable car to Montjuïc Hill, and the Gaudí House Museum.

earlier than 2026. After time for an independent lunch we gather to explore the charming Gothic Quarter and see some of its Roman ruins. End the day with a drive up Montjuïc Hill for spectacular views over the city and the Mediterranean. Check-in to our hotel and gather for a lecture by one of our faculty leaders, followed by dinner this evening. *Overnight at the 4-star Hotel Catalonia Eixample 1864 for four nights.* (B,D)

#### Monday, September 23: Codorníu Winery | Barcelona | PM at Leisure

This morning we drive just outside of Barcelona to Sant Sadurni d'Anoia, a small town in the Penedes region, at the heart of Spain's cava (sparkling wine) industry. Here we visit the world-famous cava producer "Codorníu," a traditional family business that can trace its roots back some 500 years. After a guided tour of the winery we enjoy lunch in the main building, a spectacular, Modernist edifice designed by one of Gaudí's contemporaries. Return to Barcelona for the balance of the day at leisure. Dinner is on your own this evening. (B,L)

#### Tuesday, September 24: Barcelona: Santa Catarina food market | Culinary workshop | PM at leisure

This morning we visit the Santa Caterina food market, in the old section of the city, where in the company of our "cooking guides" for the day we select and purchase fresh produce that we will subsequently use to prepare our lunch at a culinary workshop focused on traditional Spanish dishes. The balance of the day is at leisure. Dinner is on your own this evening. (B,L)

#### Wednesday, September 25: Montserrat | Barcelona | Farewell dinner Walking Distance 4.5 mi.

Drive to the Benedictine monastery at Montserrat, located in an extraordinary limestone mountain range just outside of Barcelona. Take the cable car up to the summit and, for a distance of about 1.5 miles, follow a narrow mountain path offering panoramic views. Retracing our steps, we descend by cable car and enjoy a picnic lunch before visiting the monastery itself. We drive back to Barcelona this afternoon, where we have some free time to relax, pack, or explore independently. Gather this evening for a farewell dinner. (B,L,D)

#### Thursday, September 26: Barcelona | Home

Transfer to Barcelona - El Prat Airport (BCN) for independent flights homeward. (B)

"I thought the lectures that were offered by the faculty [Stephen and Dana Strand] and experts were very informative and thought provoking. They made me want to learn more about the various subjects they covered."

- Margaret, Washington, DC



Medieval town of Peratallada, Spain



Carleton traveler on the trail to Queribus, with Peyrepertuse in the background.

### What to Expect

This custom-designed tour combines active walking/hiking in the hills and mountains with expert-led visits to historical and cultural sites. It is ideal for people with basic levels of fitness who are prepared, on occasion, to walk for up to 3<sup>1</sup>/<sub>2</sub> hours at a time along paths that may be uneven, of varying gradients, and/or wet. The distance of each active walking/hiking day is estimated in the enclosed itinerary. The average daily distance for those days is about five miles, with varying degrees of ascent. Please be aware, too, that the 15- to 20-minute walk from the ticket office up to the Château de Peyrepertuse (which itself stands at just over 2,600 feet above sea level) is a bit of an up-and-down scramble on a rocky and uneven path. Those who intend to take part in the active walking/ hiking excursions should feel confident in their ability to physically keep up with the group and not be dependent upon assistance from others. The actual itinerary is subject to variables such as the abilities of the group and the weather conditions. In late September, average daytime temperatures in the region range from 70°F in Carcassone to 77°F in Barcelona. There can be fairly significant rainfall, which heralds the change of season from summer to autumn. All participants are expected to be physically active, not be an impediment to others on excursions, and enjoy traveling as part of a group. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand, and discuss whether or not this program is appropriate for you. Participants who are not able to walk unassisted for extended periods are kindly advised not to join this tour unless accompanied by a companion who will be available to assist you at all times. Our office will provide you with comprehensive pre-departure information, including packing suggestions.

Flights & Transfers Airfare from/to home is not included. Group transfers are provided upon arrival on September 15th at the Toulouse-Blagnac Airport (TLS) and to the Barcelona - El Prat airport (BCN) for departure on September 26<sup>th</sup>. Your flight itinerary must be provided to our office prior to the tour. Once you have received your final payment invoice, you should book your flights. If you are considering booking nonrefundable airline tickets before this time, please contact our office first. We do not accept any liability for cancellation penalties related to domestic or international airline tickets.

Accommodations

Spend 2 nights in Carcassonne, France, at the 4-star *Hôtel* <u>des Trois Couronnes</u>. Enjoy spectacular views of the old town, just a 10-minute walk away.



Spend 1 night in Duilhac-sous-Peyrepertuse, France, at the 2-star *Hôstellerie* du Vieux Moulin, conveniently located at the foot of the Château de Peyrepertuse.



Spend 2 nights in Collioure, France, at the 3-star La Casa Païral *Hotel*, on the shore of the Mediterranean Sea.



Spend 2 nights in Girona, Spain, at the 4-star Hotel Carlemany Girona, located in the commercial center of Girona's downtown.



Spend 4 nights in Barcelona, Spain, at the 4-star Hotel Catalonia *Eixample 1864*. Designated a Historical Monument, thanks to its eclectic classical style, it is located in the city's historic center.





Château de Peyrepertuse, with views of the Pyrenees in the distance.

#### TOUR PRICE Per Person (11 nights)

Double Occupancy (20-25 participants)\$6,4	45
Double Occupancy (15-19 participants)\$7,2	45
Single Supplement\$1,0	35

Single room supplement will be charged when requested or required (limited availability). With fewer than 15 participants, a small group surcharge may be added.

#### **PRICES INCLUDE:**

- Faculty leaders Dana and Stephen Strand
- Eleven nights in comfortable, ideally-located accommodations as per the itinerary
- **Group arrival and departure transfers** (times TBD) on tour arrival and departure dates
- Surface transportation by **air-conditioned motor coach**, with bottled water provided
- Breakfast daily, 6 lunches, and 5 dinners including mineral water and wine
- English-speaking local guides and Tour Manager
- All gratuities to porters, drivers, guides, and Tour Manager
- All excursions, entrance fees, local taxes, and service charges as per the itinerary
- Baggage handling at hotels
- **Comprehensive pre-departure information**, including a suggested reading guide, travel guide, and packing list.

<u>RATES DO NOT INCLUDE</u>: Airfare; passport and inoculation charges; all airport departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; items of a personal nature, such as laundry; alcoholic or other beverages except as noted above; taxi, telephone, and fax charges; optional excursions or deviations from scheduled tour; porterage or individual transfers to join or leave the group when traveling independently; and any items not specifically indicated as included.

<u>PAYMENTS</u>: A deposit of \$1,000 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to EOS-Passenger Account-CAA Pyrenees9/19. Final payment is due 120 days prior to departure and must be by personal check only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

<u>Note</u>: Rates are based on tariffs and exchange rates in effect at the time of printing and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

Prices, itinerary, and leaders are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason.

PASSENGER CANCELLATION FEES: All requests by passengers for cancellations must be received in writing by Alumni Adventures. Cancellations received at least 121 days prior to departure are refunded less an administrative fee of \$500 per person. Cancellations received between 120 and 91 days prior to departure are subject to a fee equal to 50% of the tour cost. Cancellations received 90 days or less before departure are subject to a cancellation fee of 100% of the tour cost. *You are strongly encouraged to obtain trip cancellation insurance (an application will be sent with confirmation of receipt of your deposit).* 

Due to space limitations, this is abbreviated information. Complete terms and conditions can be found on the final pages of this document.

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September 14-26, 2019 (13 days) with Carleton Professors Emeriti Dana & Stephen Strand

View of Château de Peyrepertuse in the distance.

## Border Crossings: Exploring the French & Spanish

September 14-26, 2019 (13 days) with Carleton Professors Emeriti Dana & Stephen Strand



Château de Carcassonne



RESERVATION FORM ·

BORDER CROSSINGS: EXPLORING THE FRENCH AND SPANISH

PYRENEES

September 14-26, 2019 (13 days) with Professors Emeriti Dana & Stephen Strand

To hold your reservation for seven days while this form and your deposit are in the mail, please contact us at 800-811-7244 or carleton@studytours.org.

Name 1	Carleton Class of:
(as it appears on passport)	
Name 2	Carleton Class of:
(as it appears on passport)	
Address	
City	
State	Zip
Phone (primary)	Phone (secondary)
Email(s)	

□ I/We have read the 'What to Expect' section and am/are physically able to participate fully on the program.

#### ACCOMMODATIONS:

(Accommodation preferences are not guaranteed)

□ Double (*one bed*) □ Twin (*two beds*) □ Single

□ I will be sharing with: □ Share-please assign a roommate (not guaranteed)

I am a 🗆 Non-smoker 🗖 Smoker

□ Please share my contact information with potential roommate(s).

#### **RESERVATIONS & PAYMENT:**

A deposit of \$1,000 per person is required to confirm a reservation. Final payment is due 120 days prior to departure. You will receive an invoice for final payment. Please note that credit cards are not accepted for final payment. All prices and payments are in US dollars.

#### DEPOSIT TYPE (PLEASE CHECK ONE):

□ Check payable to: EOS Passenger Account-CAA-Pyrenees9/19						
□ Visa	Master Card	American Express				
CC#						
Exp. Date			3- or 4-Digit Code			

Name on Card

Please complete this reservation form, sign the release statement below, enclose your deposit, and "submit" by email, mail, or fax to:

## Carleton Alumni Adventures - P.O. Box 938, Walpole, NH 03608-0938

Fax: 603-756-2922 • Email: carleton@studytours.org

By signing this form, you are acknowledging that you have read and agree to all Terms & Conditions delineated throughout. If submitting this form electronically, please check the following box:

□ I understand that checking this box constitutes a legal signature confirming that I acknowledge and agree to the Terms & Conditions.

Signature (participant #1)	Time and Date
Signature (participant #2)	Time and Date

Submit

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Sponsor reserves the right to substitute hotels or attractions of a similar category for those listed in this brochure. <u>LUGGAGE</u>: Luggage allowance policies are set by the airlines and may change without prior notice. <u>PHYSICAL ACCESSIBILITY</u>: All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance (for example, the need of a wheelchair) must be reported in writing when you make your reservation. Participants requiring assistance must travel with a companion who will assist them throughout and will be responsible for handling equipment. Participants must be able to embark or disembark motor coaches alone or with minimal assistance from their traveling companion, and climb stairs and step over raised thresholds without assistance. REFUNDS: Prices quoted are based on group participation. No refunds will be made for any part of the program in which participants choose not to participate. Refunds cannot be made to participants who do not complete the tour for any reason, nor to participants whose entry into any country on the itinerary is delayed or denied. TRIP INSURANCE: Sponsor strongly recommends that participants purchase trip cancellation insurance. In the event that you must cancel your participation, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available through Sponsor and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsor will send participants an application upon receipt of their reservation. RATES: Prices quoted are based on fares in effect at the time of printing and are subject to changes at any time. 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At the participant's option, however, in lieu of litigation, Sponsor will agree to binding arbitration in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. <u>CANCELLATIONS AND REFUNDS</u>: Sponsor reserves the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part. However, if trip cancellation, itinerary changes, and/or delays are mandated by causes beyond our control, the participant shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by Sponsor, or else, receiving a refund of as much of such advance tour expenditures as Sponsor is able to recover on the participant's behalf from carriers, third-party tour vendors, etc. Sponsor, however, shall not have any obligation or liability to the participant beyond the foregoing. U.S. STATE DEPARTMENT & CENTERS FOR DISEASE CONTROL: Both the U.S. State Department and the Centers for Disease Control publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: https://travel.state.gov/content/passports/en/alertswarnings.html and https://wwwnc.cdc.gov/travel/ notices. 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