

# *Packing for your Seaward Adventure*

## Useful Tips

- ◆ Space aboard is limited. EVERYTHING you bring will live with you in your bunk.
- ◆ Pack in crushable luggage (duffel bags, etc.) not a suitcase.
- ◆ The key to clothing on the ship is layering. Clothes that can be worn over or under other layers will serve you well.
- ◆ Clothes that dry quickly are very important, and will make a world of difference once you are underway. Wool is a great option, as it maintains its warmth even when wet. As a rule, synthetic fibers like polar fleece and various polyesters and nylons dry more quickly than heavy cotton. Avoid denim, thick towels and heavy cotton sweatshirts; once wet, they will NEVER dry.
- ◆ The clothes you bring should be comfortable and easy to move in.
- ◆ The clothes you bring to sea will be put to hard use and are subject to the same rugged life aboard a working vessel you will be. In other words, things might get torn, stained, etc. You might think of this as an opportunity to take some of your oldest T-shirts out for one last fling (and maybe not bring them back).
- ◆ Your bunk will be provided with a reading light, mattress, pillow, bed linens, light blanket, and towel. You do not need to bring these items.
- ◆ Don't count on doing laundry.
- ◆ When at sea, people typically change clothes much less frequently than on land, so pack accordingly.
- ◆ If you wear prescription glasses, bring a second pair. If you wear contact lenses, bring extras and your glasses as well.

## Packing List

- ◆ **Jackets/Foul Weather Gear:** Foul weather gear (jacket and bibs) is the best, but a hooded windbreaker or polar fleece with a water proof shell will also work.
- ◆ **Sunblock and Chapstick:** SPF 15 or higher for both
- ◆ **Sunglasses** (with cord to prevent loss)
- ◆ **Toiletries Kit** (no hair dryers)
- ◆ **Socks:** Keep in mind that cotton will not dry quickly.
- ◆ **Shoes:** Two pairs. Be prepared to wear close-toed shoes with a captured heel on deck. Boat shoes, Keens, or sneakers are fine. You may bring any shoes you wish (including sandals and flip flops) for anchorages and shore excursions.
- ◆ **Shorts:** One to two pairs – quick drying
- ◆ **T-Shirts:** Three to six
- ◆ **Long Sleeved Shirts:** Two to three - it's often chilly
- ◆ **Pants:** One to two pairs. Light weight canvas or synthetic blends - avoid denim as it never dries
- ◆ **Warm Hat**
- ◆ **Sweater or Fleece:** Wool or polar fleece – avoid cotton.
- ◆ **Sun Hat** - wide brim is best
- ◆ **Bathing Suit**

## **Recommended Items:**

Writing and reading materials, camera, musical instruments, snorkeling gear, ziplock bags (nearly waterproof packaging), water bottle, baby wipes (a nice way to refresh between showers), a red flashlight. (Red flashlights are good for night vision, but you needn't buy an expensive headlamp. The low-budget version of a small flashlight painted with red nail polish works just fine!)