

Carleton College

ALUMNI ADVENTURES

Explore the world

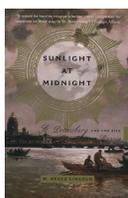
SUGGESTED READING GUIDE

Changing Tides of History: Cruising the Baltic Sea

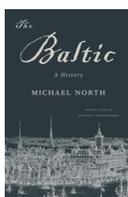
Here is a brief selection of favorite, new and hard-to-find books prepared for your journey. Carleton travelers may enter coupon code **N92016** at checkout to receive \$25 off your order. For your convenience, you may call toll-free (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your trip, go directly to reading.longitudebooks.com/N925171.

RECOMMENDED PACKAGE

These 4 items are available as a set for \$94 including shipping, 15% off the retail price (Item EXBLT81). Any additional books ordered will be shipped free of charge.



W. Bruce Lincoln. *Sunlight at Midnight: St. Petersburg and the Rise of Modern Russia*. Perseus, 2002. A wonderfully written, informative portrait of St. Petersburg, focusing on the city's development in the 18th and 19th centuries as Russia's "window on the West." Highly recommended for travelers with an interest in the character and significance of the city and its monuments. (PAPER, 432 Pp., \$19.95, **Item RUS128**)



Michael North. *The Baltic, A History*. Harvard University Press, 2015. In his erudite history of the "Nordic Mediterranean," North covers over 1,000 years of trade, politics, architecture, cultural exchange and conflict in the Baltic. His main point: the Baltic's coastal nations have always been an interconnected economic unit. (HARD COVER, 380 Pp., \$39.95, **Item BLT59**)



Glenda Bendure, Ned Friary. *Lonely Planet Scandinavia*. Lonely Planet Publications, 2015. An excellent practical guide to Scandinavian countries, as well as St. Petersburg and Tallinn, featuring a good overview of culture, history and nature, and plenty of information on excursions, accommodations and sightseeing. (PAPER, 512 Pp., \$27.99, **Item SCN01**)



Freytag & Berndt. *Baltic Sea States Map*. Freytag & Berndt, 2008. This detailed (1:800,000), double-sided map covers the entire Baltic region from Copenhagen across to Gdansk, St. Petersburg, Oslo and Stockholm. (MAP, Pp., \$14.95, **Item BLT38**)

MAPS & GUIDEBOOKS



Elaine Blaire. *Literary St. Petersburg, A Guide to the City and Its Writers*. Little Bookroom, 2007. Blaire shows St. Petersburg through the words, museums and haunts of 15 writers, including Pushkin, Gogol, Tolstoy, Dostoevsky and Nabokov. (PAPER, 137 Pp., \$16.95, **Item RUS406**)

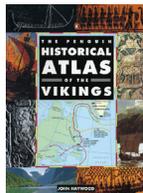
HISTORY & CULTURE



Neil Kent. *Helsinki, A Cultural and Literary History*. Interlink Publishing Group, 2004. A literary guide to Helsinki, its history and culture, organized into three sections: city of architects and engineers; city of music and arts; and city of hospitality. With maps and black-and-white illustrations. (PAPER, 247 Pp., \$15.00, **Item SCN33**)



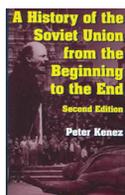
Suzanne Massie. *Land of the Firebird, The Beauty of Old Russia*. Heart Tree Press, 1995. Massie traces both minuscule details and larger movements in pre-revolutionary Russian art, literature and daily life in this affectionate overview of 19th-century palaces, courts and culture. (PAPER, 496 Pp., \$35.00, **Item RUS21**)



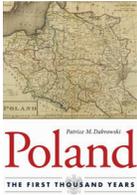
John Haywood. *Penguin Historical Atlas of the Vikings*. Penguin Putnam, 1995. This history of the Vikings tells their story through a series of innovative maps and excellent photographs. It traces the routes of 9th-century Viking merchants and explorers throughout Europe and the New World. (PAPER, 144 Pp., \$22.00, **Item VIK02**)



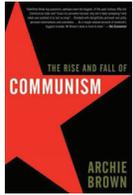
Neil Kent. *A Concise History of Sweden*. Cambridge University Press, 2008. A scholarly (yet readable) history of the Scandinavian nation, covering events from the Stone Age to the 20th century. (PAPER, 300 Pp., \$28.99, **Item SWE93**)



Peter Kenez. *A History of the Soviet Union from the Beginning to the End*. Cambridge University Press, 2006. Intended for an undergraduate audience, this scholarly examination picks apart the political, social and cultural developments that occurred in the Soviet Union. Second edition. (PAPER, 342 Pp., \$34.99, **Item RUS580**)

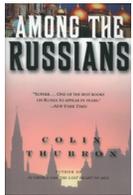


Patrice M. Dabrowski. *Poland, The First Thousand Years*. Northern Illinois University Press, 2014. A fluidly written, reliable history of the Polish state from the late medieval period to the 20th century, including the nation's complicated and controversial relationships with oppressors like the Prussian Empire the Soviet Union. (HARD COVER, 506 Pp., \$45.95, **Item PLD90**)

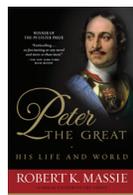


Archie Brown. *The Rise and Fall of Communism*. Ecco Press, 2011. A readable account of communism and its implementation in places around the world, penned by an Oxford University professor. (PAPER, 720 Pp., \$21.99, **Item RUS579**)

TRAVEL, BIOGRAPHY & MEMOIR



Colin Thubron. *Among the Russians*. HarperCollins Publishers, 2001. The marvelous account of a 10,000-mile journey by car from St. Petersburg and the Baltic States south to Georgia and Armenia in 1981. A gifted writer and intrepid traveler, Thubron grapples with the complexities of Russian identity in this lyrical book. (PAPER, 224 Pp., \$14.99, **Item RUS106**)



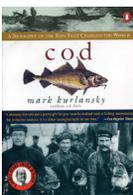
Robert Massie. *Peter the Great, His Life and World*. Random House, 2011. In this Pulitzer Prize-winning biography, Massie portrays the giant of history who transformed Russia from backwater tsardom into a major empire. (PAPER, 914 Pp., \$21.00, **Item RUS48**)

LITERATURE



James Thompson. *Helsinki Noir*. Consortium, 2014. The latest of an anthology of noir stories from across the globe, this anthology turns its attention to Helsinki and Finland, revealing the darkness that hides in the idyllic Scandinavian country. (PAPER, 280 Pp., \$15.95, **Item SCN84**)

NATURAL HISTORY & FIELD GUIDES



Mark Kurlansky. *Cod, A Biography of a Fish That Changed the World*. Penguin Putnam, 2009. A sparkling extended essay on the cod, looking at the importance of the fish to cuisine and history, as well as to Scandinavian, American and Canadian commerce. (PAPER, 294 Pp., \$16.00, **Item OCE10**)

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