Gap Year Internship Programs
2020 - 2021

Cohen Children’s Medical Center
New Hyde Park, New York
**Cohen Children’s Medical Center:**
Steven and Alexandra Cohen Children's Medical Center of New York is dedicated to providing the highest levels of care in meeting the special needs of children, from premature babies to adolescents. The specialists in its national and international programs cover a range of specialties. Its 202-bed hospital opened in 1983 as the New York metropolitan area's only hospital designed exclusively for children. Today it is the largest provider of pediatric health services in New York State. Cohen Children's Medical Center serves 1.8 million children in Brooklyn, Queens, Nassau and Suffolk counties – providing state-of-the-art care for children's medical, surgical, psychiatric and dental needs in both inpatient and outpatient settings.

**Northwell Health:**
Northwell Health is a not-for-profit healthcare network that includes 22 hospitals, the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, the Feinstein Institute for Medical Research, as well as rehabilitation and skilled nursing facilities, a home care network, a hospice network and progressive care centers offering a range of outpatient services. Northwell Health has more than 12,000 member physicians, and Northwell Health’s Physician Partners employs more than 3,100 physicians and is comprised of more than 550 regional ambulatory locations and physician practices.
### Available Gap Year Internships for 2019-2020

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<td>Caren Steinway</td>
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<td>Medical Genetics and Human Genomics</td>
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<td>9-12 months</td>
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<td>Nephrology</td>
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2020 - 2021 “Gap Year” Clinical Research Assistant Position in the Division of General Pediatrics

Description: A 12-24 month paid research internship program is offered by Cohen Children’s Medical Center of New York – part of Northwell Health (formerly North Shore-Long Island Jewish Health System). The mission of the Division of General Pediatrics is to enhance the lives of children and families locally and nationally through clinical care, teaching, research and community service. As such, our work falls into multiple domains: clinical medicine, clinical research, quality improvement, medical education, health policy, and administration.

This Clinical Research Internship will offer 1-2 accomplished students the opportunity to work closely with faculty mentors within the Division of General Pediatrics on research projects on a wide variety of topics relevant to general pediatrics, ranging from pediatric health outcomes research to quality improvement to health services and health policy research. Examples of ongoing projects in the Division of General Pediatrics include:

- Impact of innovations in the delivery of care for children with asthma;
- Impact of Medicaid care coordination programs on children with complex medical and psychosocial needs;
- Coordination of NYS-wide organizations working to improve children’s environmental health;
- Outcomes of adolescents with complex health needs transitioning to adult care;
- Interventions to improve future planning for families of those with intellectual/developmental disabilities.

Responsibilities:
Research assistants will be integral members of our team in the Division of General Pediatrics, participating in all components of our projects. Research Assistants (RA’s) will assist faculty with ongoing research projects and/or work collaboratively with one or more mentors in designing new projects of mutual interest. With the guidance of faculty, research assistants will learn to perform chart reviews, conduct in-depth interviews, administer in-person and online surveys, run focus groups, analyze and code transcripts, and analyze primary and secondary data.

Additional responsibilities include:
- Provide administrative support to the team, including scheduling and preparing for meetings, trainings, and presentations.
- Work with local organizations to provide affordable and accessible community resources for patients and their families.
- Complete frequent site evaluations to monitor progress and outcome measures.
- Draft and edit research study manuscripts. The research assistant will also write for additional pediatric/health policy/health advocacy sites, articles, or presentations as they arise, such as Grand Rounds, health policy blogs, pediatric online resources, and more.
- Take the lead in managing all facets of clinical studies, including but not limited to: recruitment and enrollment of patients, communication with study sponsors, and leadership at
sponsor visits, management of regulatory documents, and keeping up-to-date on all IRB (Institutional Review Board) documents and communication.

- Manage various administrative, clinical, and project responsibilities as they arise. The research assistant will be expected to learn how to fulfill them with the initial guidance and support of Dr. Jan, Caren Steinway, or current research coordinators and assistants. The research assistant will be able to contribute to processes and projects from start to finish; s/he will develop the logistical and medical knowledge required at all phases of projects and be able to recognize the value s/he added to the final product.

The Division has internal funding for clinical research. RA’s are not expected to write grants, and their research including endeavors and activities are not dependent on extramural grants.

This clinical research internship is open to students who excelled while pursuing their Bachelor’s degree from any U.S. college or university. Although the ideal candidate is a student who aspires to attend medical school in the near future, has a strong academic record and writing skills, research experience, knowledge of statistics, and a demonstrated interest in public health, vulnerable pediatric populations, and/or health policy, we welcome applications from any students who have excelled in any area of study.

There will be an opportunity to continue the internship for an additional 12 months.

**Research Abstracts:** RA’s will be co-investigators on any research abstracts submitted to national research meetings.

**Research Publications:** With guidance from faculty mentors, RA’s will be responsible for drafting and revising research manuscripts for submission to peer reviewed pediatric journals. RA’s will generally be identified as either the first or second author of any paper submitted for publication. The Division consistently submits annual presentations to the national meetings of the American Public Health Association and Pediatric Academic Societies. The Division has also presented at the American Academy of Pediatrics, Academy Health, Annual Health Care Transition Research Consortium Research Symposium, and the American Association on Intellectual and Developmental Disabilities.

**Review Article:** There may be an opportunity for RA’s to be first or second author on a review article for a peer-reviewed medical journal.

**Program Dates:** Start and completion dates for the Gap Year internship are somewhat flexible. Priority will be given to applicants prepared to make at least a full-time 12 month commitment or longer, though alternate schedule arrangements will be considered. With advance notice, research interns may take as many days off (without pay) as needed during their internship to visit medical schools for interviews.
**Other Activities/ Expectations/Opportunities:** The primary focus of the internship is clinical research and writing. It is expected that this will comprise 90% of one’s time. RA’s will have the opportunity to attend clinical lectures of interest available through the Children’s Hospital. There will also be opportunities for occasional shadowing of clinicians in our sub-specialty area and other pediatric sub-specialties as well. RA’s may occasionally be asked to assist with other academic or administrative tasks.

**Stipend:** This is a paid internship; interns will be paid $15.50 per hour for days worked.

**To Apply:** You must submit a completed application (PDF attached), a résumé, and an unofficial transcript. All materials should be sent electronically using the subject line "Gap Year Research Internship" to Caren Steinway, csteinway@northwell.edu.

**Application Process & Deadline:** There is a rolling submission deadline. However, priority will be given to candidates who submit all materials by Wednesday, March 4, 2020. The most promising candidates will be invited to interview by phone, and notification of decisions will be made soon thereafter.

**Past Interns:** The Gap Year Internship program at Cohen Children’s Medical Center was established in 2014. Gap Year RA’s are typically accepted to multiple medical schools. Although these RA’s are typically very strong applicants even prior to participating in these internship programs, the Gap Year internship program typically adds multiple abstracts and/or publications to each RA’s list of accomplishments. Moreover, RA’s often find it very helpful to discuss one or more of their different Gap Year research projects when interviewed by medical schools.

**Testimonials:**

“**My time as a Gap Year Intern on Dr. Jan’s team has been incredibly valuable and rewarding for me both professionally and personally, and has helped me further develop my interests in healthcare. I have had opportunities to contribute and take leadership roles in a number of different research projects, ranging from smaller quality improvement projects in the clinic, to large, multi-year IRB approved research studies, all of which focus on improving the health of complex and vulnerable pediatric populations. I have been able to write and publish work about the research I’ve done and further develop my interests in pursuing population health research and working with underserved communities in the future. Further, through my position here I have had the opportunity for personal learning experiences including clinical shadowing, resident grand rounds presentations, and special speakers and events at Northwell. Most importantly, the research team here is an amazing and supportive group of people who I look forward to spending time with each day and who have become incredible mentors to me. Their support for my medical school application process was invaluable this year and has helped set me up for success as I continue on to med school next year!”** -Jane

“**I have had a wonderful experience this past year as part of the general pediatrics research team. It has been an eye opening experience having the opportunity to speak with people from all walks of life about their individual experiences with the health care system. I feel like I am contributing to projects with the potential to improve the lives of patients and their families while concurrently**
solidifying my medical school application. I cannot think of a better opportunity for students looking to be productive in the medical field prior to beginning their own medical careers.” - Matt

“I have been at this position for little less than a year and a half. I have grown and learned so much during my time here. As research assistants, we are given the freedom to explore projects and areas that are of interest to us, which is something that is rare to find. I am able to learn from my mistakes while also knowing that I have many people to turn to when I need help. The populations that we work with are mostly children who have chronic conditions and need extra supports for their care. The projects that I work on involve conducting quality improvement surveys to receive feedback on an existing NYS waiver program, collecting data and research on environmental health to then distribute to concerned parents through social media channels, and conducting focus groups in order to develop a long-term care planning intervention tool in the form of a website. My time here has deepened my appreciation for the work that we conduct as researchers in pediatrics. The outcomes of our projects are priceless to the families that we help. Not only that, but I have also developed bonds with my co-workers, feeling as though I have a second family and support system when I come to work. This position and my coworkers have given me the tools to be successful and compassionate in this field.” - Vanessa

For Further Information: The research internship in General Pediatrics is coordinated by Caren Steinway, Administrative Director of Research, Division of General Pediatrics. Questions regarding the Gap Year internship or the application process may be directed to her directly (csteinway@northwell.edu).
About Us: Genetic diseases affect patients of all ages and ethnicities, impacting virtually all medical specialties. As a multidisciplinary program, the Division of Medical Genetics and Human Genomics at Northwell Health touches the lives of prenatal, pediatric, and adult patients and their families, and cares for a variety of conditions and disorders.

Internship Position: Through the Cohen Children’s Medical Center gap year program, the Division of Medical Genetics and Human Genomics is offering a 9-12 month paid internship to 1 accomplished student. The Intern will gain operational and clinical experience in the ambulatory setting, and will also be an integral part of genetics and genomics research focused on newborn screening and biochemical genetics.

Using our widespread Cohen Children’s Medical Center network, Northwell Health has become a primary site for New York state newborn screening pilot studies into conditions such as Duchenne Muscular Dystrophy and a number of Lysosomal Storage Disorders. The discoveries made will not only lead to better pediatric treatments, but will be applied to patients across our entire system and beyond.

Responsibilities: The Intern will work closely with and under the guidance of the Genetics team.

1. Performs support activities to facilitate patient care.
   - Obtains relevant patient medical records.
   - Maintains genetics database for clinical and research purposes.
   - Assists genetic counseling team with obtaining pedigree data and medical history.
   - Provides linkage between patients/family members and support programs/resources.
   - Performs follow-up activities to ensure indicated tests are performed in a timely manner and results are obtained.
   - Ensures results are communicated to referring physician.
   - Drafts related documentation for review and distribution.

2. Participates in and contributes to clinical and translational genetics research.

This internship position is open to recent graduates that have earned their Bachelor’s degree from any U.S. college or university. The ideal candidate is a recent graduate who aspires to obtain a professional degree in the health field (e.g., MS in Genetic Counseling, MD, DO, MPH, etc.) in the near future, has a strong undergraduate academic record, an interest in medical genetics, prior experience in research and/or clinical settings, and is able to communicate effectively and sensitively with patients and families of diverse cultural backgrounds.
**Program Dates:** Start and completion dates for the internship are somewhat flexible. Priority will be given to applicants prepared to make at least a 9 month commitment or longer, though alternate schedule arrangements will be considered. Typical weekly work hours average ~22.5. With advance notice, the Intern may request to take days off (without pay) as needed to visit professional schools for interviews.

**Other Activities/ Expectations/ Opportunities:** The primary focus of the internship is providing support to the clinical and research teams. The Intern will have the opportunity to attend case conferences, lectures, and other educational events of interest. There will also be opportunities for occasional shadowing of clinicians, and the Intern may be asked to assist with other academic, research, and administrative tasks.

**Stipend:** This is a paid internship; interns will be paid $16.50 per hour for days worked.

**To Apply:** You must submit a completed application, résumé, and an unofficial transcript.

All materials should be sent electronically using the subject line format “Genetics & Genomics Internship – Lastname Firstname” to Dr. David Tegay, at dtegay@northwellhealth.edu.

**Application Process & Deadline:** There is a rolling submission deadline. However, priority will be given to candidates who submit all materials by Wednesday, March 4, 2020. The most promising candidates will be invited to interview online, and notification of decisions will be made soon thereafter.

**Past Interns:** The Internship program at Cohen Children’s Medical Center was established in 2014. All of the pre-medical CCMC Interns were accepted to multiple medical schools. Although these are typically very strong applicants even prior to participating in our internship program, the Interns often find it very helpful to discuss one or more of their different projects when interviewing.

**For Further Information:** The Medical Genetics internship is coordinated by Dr. David Tegay, Chief of the Division of Medical Genetics and Human Genomics. Questions regarding the internship or the application process may be directed to Dr. Tegay at dtegay@northwellhealth.edu.
“Gap Year” Clinical Research Assistant Position in Pediatric Emergency Medicine

**Description:** A 1 - 2 year paid research internship program in Pediatric Emergency Medicine is offered by Cohen Children’s Medical Center of New York – part of Northwell Health.

**Responsibilities:**
Research assistants will be integral members of our team in the Division of Emergency Medicine, participating in all components of our projects. Research Assistants (RA’s) will assist faculty with ongoing research projects and/or work collaboratively with one or more mentors in designing new projects of mutual interest. With the guidance of faculty, research assistants will learn to perform chart reviews, conduct in-depth interviews, administer in-person and online surveys, run focus groups, analyze and code transcripts, and analyze primary and secondary data.

Additional responsibilities include:
- Provide administrative support to the team, including scheduling and preparing for meetings, trainings, and presentations.
- Draft and edit research study manuscripts. The research assistant will also write for additional pediatric/ health policy/ health advocacy sites, articles, or presentations as they arise, such as Grand Rounds, health policy blogs, pediatric online resources, and more.
- Take the lead in managing all facets of clinical studies, including but not limited to: recruitment and enrollment of patients, communication with study sponsors, and leadership at sponsor visits, management of regulatory documents, and keeping up-to-date on all IRB (Institutional Review Board) documents and communication.
- Assist in quality and performance improvement projects under the guidance of Dr. Kimberly Giusto.
- Manage various administrative, clinical, and project responsibilities as they arise. The research assistant will be expected to learn how to fulfill them with the initial guidance and support of Drs. Avarello, Rocker and Krief, or current research coordinators and assistants. The research assistant will be able to contribute to processes and projects from start to finish; s/he will develop the logistical and medical knowledge required at all phases of projects and be able to recognize the value s/he added to the final product.
- Assist in preparing for the divisions yearly regional Pediatric Emergency Medicine conference.

The Division has internal funding for clinical research. RA’s are not expected to write grants, and their research including endeavors and activities are not dependent on extramural grants.

This clinical research internship is open to students who excelled while pursuing their Bachelor’s degree from any U.S. college or university. Although the ideal candidate is a student who aspires to attend medical school in the near future, has a strong academic record and writing skills, research experience, knowledge of statistics, and a demonstrated interest in public health, vulnerable pediatric populations, and/or health policy, we welcome applications from any students who have excelled in any area of study.
There will be an opportunity for first-year interns to continue their internship for an additional 12 months.

The Gap Year Internship program at Cohen Children’s Medical Center was established in 2014. Gap Year RA’s are typically accepted to multiple medical schools. Although these RA’s are typically very strong applicants even prior to participating in these internship programs, the Gap Year internship program typically adds multiple abstracts and/or publications to each RA’s list of accomplishments. Moreover, RA’s often find it very helpful to discuss one or more of their different Gap Year research projects when interviewed by medical schools.

**Research Abstracts:** RA’s will be co-investigators on any research abstracts submitted to national research meetings.

**Research Publications:** With guidance from faculty mentors, RA’s will be responsible for drafting and revising research manuscripts for submission to peer reviewed pediatric journals. RA’s will generally be identified as either the first or second author of any paper submitted for publication. The Division consistently submits annual presentations to the national meetings of the American Public Health Association and Pediatric Academic Societies. The Division has also presented at national meetings held by the American Academy of Pediatrics, the American College of Emergency Physicians, the Society of Academic Emergency Medicine, the Pediatric Academic Society and various other national, regional and local platforms.

**Review Article:** There may be an opportunity for RA’s to be first or second author on a review article for a peer-reviewed medical journal.

**Program Dates:** Start and completion dates for the Gap Year internship are somewhat flexible. Priority will be given to applicants prepared to make at least a full-time 9 month commitment or longer, though alternate schedule arrangements will be considered. With advance notice, research interns may take as many days off (without pay) as needed during their internship to visit medical schools for interviews.

**Other Activities/ Expectations/Opportunities:** The primary focus of the internship is clinical research and writing. It is expected that this will comprise 90% of one’s time. RA’s will have the opportunity to attend clinical lectures of interest available through the Children’s Hospital. There will also be opportunities for occasional shadowing of clinicians in our sub-specialty area and other pediatric sub-specialties as well. RA’s may occasionally be asked to assist with other academic or administrative tasks.

**Stipend:** This is a paid internship with an hourly wage (TBD) for days worked.
To Apply: You must submit a completed application (PDF attached), a résumé, and an unofficial transcript. All materials should be sent electronically using the subject line "Gap Year Research Internship" to Maire Amlicke, Senior Research Associate (mamlicke@northwell.edu).

Application Process & Deadline:

There is a rolling submission deadline. However, priority will be given to candidates who submit all materials by Wednesday, March 4, 2020. The most promising candidates will be invited to interview by phone, Skype or in person and notification of decisions will be made soon thereafter.

For Further Information: The research internship in Pediatric Emergency Medicine is coordinated by Dr. Josh Rocker, Chief of Pediatric Emergency Medicine. Information regarding the Gap Year internship or the application process may be directed to Maire Amlicke, Senior Research Associate (mamlicke@northwell.edu).
Description: A 12 month program in clinical research related to pediatric nephrology in children and adolescents is offered by Cohen Children’s Medical Center of New York—part of Northwell Health (formerly North Shore-LIJ Health System). The Gap Year Internship offers 1-2 accomplished students the opportunity to work closely with a faculty mentor on one or more research projects related to pediatric nephrology. Students will assist the faculty member in an ongoing research project and/or work collaboratively with the mentor in designing a new project of mutual interest. Most projects include retrospective chart reviews, but there will also be projects that will involve direct contact with patients. The student is expected to take ownership of a research project and write a manuscript by the end of the year. While participating in the program, interns will have the opportunity to shadow in our clinics and on rounds. Research interns will also be encouraged to attend other lectures of interest available through the Division of Pediatrics at the Children’s Hospital. The internship open to students who excelled while pursuing their Bachelor’s degree from any U.S. college or university. The ideal candidate is a student with a strong academic record and aspires to attend a doctoral program in medicine. This program is flexible in the amount of hours per week but at minimum we ask for at least two half days per week commitment. Gap year positions are unpaid.

Research Abstracts/Publications: It is anticipated that students will be included as co-investigators on one or more research abstracts submitted to national research meetings. Students who are able to successfully write a manuscript for journal submission of their research findings will be identified as the first or second author of any paper submitted for publication. A list of research abstracts accepted for presentation at national meetings is attached.

Other Activities/Expectations/Opportunities: Although the primary focus of the internship is clinical research and writing, and it is expected that this will comprise 70-75% of one’s time, interns often welcome the opportunity to engage in other academic or clinical activities. A breakdown of these educational, clinical, and administrative support functions follows:

► Lectures:
  • Attend noon conference lectures on general pediatrics topics
  • Pediatric Nephrology lectures 2-3 per week
► Clinical Observation:
  • Shadow pediatric nephrologists in the out-patient clinic and attend in-patient rounds
► Miscellaneous:
  • Assist with special projects and general office support

Stipend: This is an unpaid internship.

To Apply: You must submit a completed application (PDF attached), a resume, a writing sample, and an unofficial transcript. All materials should be sent electronically using the subject line "Summer Research Internship Application" to Dr. Christine Sethna (csethna@northwell.edu) and Kisha Laurent (klaurent@northwell.edu).
Application Process & Deadline: The submittal deadline is March 4, 2020; all materials must be received by that date. It is anticipated that notification of decisions will be made by late March.

For Further Information: The research internship is coordinated by Kisha Laurent (klaurent@northwell.edu). Questions regarding the internship or its application should be directed to Dr. Sethna (csethna@northwell.edu).

Publications

- Heterogeneity Index and Echogenicity in Hypertension. Journal of the American Society of Hypertension. 2018 Dec: 12(12) e77-e83

A – Summer research intern as 1st author
B – Summer research intern as co-author
Comments from Gap Year Research Interns

“As an intern for Pediatric Nephrology, I was able to experience the medical field through a scientific research lens. I interacted with patients, and took initiative in maintaining ongoing studies within nephrology. I was able to shadow the doctors, and learn proper techniques of clinical practice. The most rewarding part of the internship was getting to know patients first hand, and becoming a part of their health journey.

Dr. Sethna is an extremely hands on and dedicated physician that truly pushes interns to achieve the best they can. Personally, she has taught me what it means to be a physician, and the sacrifices that come with the profession. Under her guidance, I gained skills and knowledge beyond those that I have acquired in any classroom. Working as an intern in Pediatric Nephrology was an incredibly educating and humbling experience; it allowed me to complete my Undergraduate studies, and gave me a platform to begin a career in the medical field.”

O.B., Hofstra University, Class of 2020
Research Intern, 2019-2020

“Working with the Pediatric Nephrology Department, both over the summer and during my gap year, has afforded me the invaluable opportunity to hone my research skills. By contributing to a multitude of studies, I was able to expand the breadth of my experience to take with me to medical school this fall. I was given the demanding role to take the lead on clinical trials, which provided me with crucial hands-on practice working with patients and their families, taking vital signs, and managing treatment plans under the direct supervision of Dr. Sethna.

My passion for pediatrics and my confidence to pursue research was most definitely strengthened and solidified by this experience. Personally, Dr. Sethna became an instrumental source of guidance throughout my journey as a pre-medical student, and she will continue to be a role model to me.”

L.G., Cornell University, Class of 2019
Research Intern, Gap Year 2019-2020