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ISO or International Student Orientation is a 3-day event during which international students come in early, before New Student Week, to orient themselves to campus life and get themselves set up in their new rooms and dorms.

The ISL office and its peer leaders organized several fun activities and informational sessions for these 85 international students. This year, we had a homemade ice cream social @ Dacie's, a game night, several workshops on cultural adjustment, writing, registration, a Target trip, a special pop-up shop with CCCE, a Bonfire, and lots of logistical pieces.

During the course of ISO, students learned a lot about the campus, classes, and even Northfield in general. They were able to interact with peer leaders who could potentially go on to mentor them for the rest of the year and really appreciated this extra time they have on campus!

Fall International Social

Hosted earlier this term on Wednesday October 6th by ISL was the Fall International Social event, which was meant to bring the international community in Carleton together.

Homemade pies, prepared with good kitchen hygiene, were offered in different flavors including apple, pumpkin, and pecan. Some students got to enjoy these treats with warm apple cider while some devoured the desserts with whipped cream.

The location, which was the Sayles Patio, served as the perfect spot to enjoy good weather, and welcome some domestic students from the Sayles entrance traffic. Great conversations were exchanged between international and domestic Carls, with International Student Peer Leaders around to facilitate conversations.
Oktoberfest @ Fall Festival
by Madhav

Graced by a **warm and sunny day**, Fall Fest was a fun-filled event for the ISL office. We chose to have Oktoberfest as our theme and had a flurry of Carletonian’s walk by throughout the day. From **pretzel dogs to Stein racing**, the ISL table had it all.

The thrilling **Stein race** attracted the biggest crowd, with Dean Livingston also giving it a go. It involved holding a massive jug of water while completing a tricky obstacle course in the fastest time possible, with the winner receiving a massive bookstore gift card. Lucky Jonah!

He completed the race in an **impressive 17 seconds**, for context, the average time was about 40 seconds. Amazing! It did take over 10 attempts #practicemakesperfect.

Other offices at the event included SAO, the Career Center, OIL, and many more who had events such as pumpkin carving and pie walks set up for Carls to enjoy. All in all, the event was a blast and hopefully, we can have more soon!!

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**Immigration Corner**

**Traveling internationally during the break?**
The U.S. government implemented new requirements on 11/8/2021 which will require you to show **proof of full vaccination along with your negative COVID-19 test** taken within the 72 hours before you arrive to the U.S. If you have recently had COVID-19, you can provide a letter stating that you have recovered from COVID-19 (along with your vaccination records). If you have not had a COVID-19 vaccine, you will need to receive a negative result within 24 hours BEFORE your flight to the U.S.

As always, you’ll want to be sure that you have a **valid travel signature on your I-20 or DS-2019**. If you need an updated signature or have travel questions, please email ecody@carleton.edu.

**Thinking about working off-campus?**
**CPT** is the best option for paid/unpaid externships while you’re a student at Carleton. You can find details about CPT including the application form [here](#).

**Fun Fact:** Did you know that if you work an unpaid internship with Career Center funding, it’s considered on-campus employment and does not require CPT?

**Seniors:** We’ll be having an OPT workshop during the Winter term to discuss how to apply for **OPT**. If you’re graduating in Winter term and want to apply-let’s set up a Zoom to talk through the application. **The earliest application date for Winter graduates is 12/17**; for Spring graduates it will be 3/14.
East Asia Night was definitely one of the highlights of Fall Term. We had some delicious food from Bangkok Thai Deli, Hoban, and Weng’s Kitchen— dumplings, fried rice, pad thai, and mochi, just to name a few. We had 150 people attend the event — but we didn't run out of food even with the long line!

While students were waiting for food, they were able to dance to music from the rock band, featuring Japanese student, Yuto Miyazawa on guitar, along with fellow musicians, Anders Brodnax, James McGehee, Joe Petrini, and Emmett Lefkowitz.

Various student-run organizations performed during East Asia night, such as Karl-Pop and Pandapella. We also had some amazing soloists, including Emma Roskopf (Hulusi), Kai Zhang (Piano), and Shannon Liu (Dizi). It was a great event celebrating the vast cultures of East Asia.

Foodsick?

Missing the best pie your mom makes? Or your Granny’s spicy curry? What about something unique from home that you can’t find while away from home in college? Or are you looking for more seasoned, flavorful food? Submit your recipe to Bon Appétit for a chance to have your dish featured! If your recipe is selected, you will be able to have your favorite comfort food from home while at Carleton while sharing it with the whole campus community! Submit your recipe today here!
Mentorship program by Moe

Fall term started with an all mentor-mentee gathering (with dinner from Tokyo Grill!) where I got to meet my lovely mentees with a variety of backgrounds, experiences, and interests. In the 1-on-1 check-ins and cohort group events throughout the term, we usually had meals together and once went to Hogan Brother's to get some ice cream😊 As a mentor, it is my job to provide a safe space and be a contact person for mentees to be informed about resources on campus but beyond that, I consider my mentees as my friends. I have been enjoying all the conversations we had and I am grateful for how much I could learn from and be inspired by them. I hope my mentees have had a good experience too. Also, there was another all mentor-mentee event in the term in which we had a trip to the Mall of America; it was very nice being in the mall for the first time and getting to know other students in the program. Definitely looking forward to continuing this program in the next term!
Need Help?

Click HERE to sign up for Liz's office hours!

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