

Remote visit types:

With the COVID-19 pandemic in mind and the potential for the virus to reach our campus and spread, we have adopted a telehealth model of initial care at SHAC. Please note that, depending on our availability, any of these visit types may be available.

Visit Type	Telehealth Option	Indications for in-person visit (At telehealth provider discretion)
Cold/Cough/Sore Throat/Influenza Like Illness/COVID-19	We will consult regarding symptoms through a video session and help students determine self-management of symptoms, need for isolation, testing or in-person visit at SHAC or off campus.	<ul style="list-style-type: none"> <li>● Any red-flag symptoms (shortness of breath, wheezing)</li> <li>● Ear pain</li> <li>● Determine testing needed based on symptoms/known contacts</li> </ul>
Musculoskeletal Injury	We will consult regarding symptoms through a video session and help students determine self-management of symptoms or need for in-person visit at SHAC or off campus.	<ul style="list-style-type: none"> <li>● Mechanism of injury significant/requiring examination</li> </ul>
Urinary Tract Infection (UTI)	We will consult regarding symptoms through a video session. We will advise on any home care that may be necessary. If a prescription of any type would be indicated, we may treat the condition remotely and send it to the pharmacy. If symptoms do not meet criteria of condition being evaluated, an in-person visit will be advised.	<ul style="list-style-type: none"> <li>● Treatment failure after initial telehealth visit</li> <li>● Patient with penis</li> </ul>
Vaginal Itching/Discharge	Same as above	<ul style="list-style-type: none"> <li>● Treatment failure</li> <li>● Lack of clarity re: diagnosis based on history.</li> </ul>
Eye Symptoms	Same as above	<ul style="list-style-type: none"> <li>● Lack of clarity regarding diagnosis</li> <li>● Red flags such as vision loss or pain</li> <li>● Treatment failure</li> </ul>

Skin problems	We will consult regarding symptoms through a video session. If we are able to visualize the problem via video session, we may be able to treat it remotely.	<ul style="list-style-type: none"> <li>● If unable to visualize area of concern via video visit</li> <li>● If there has been previous treatment failure</li> </ul>
Mental Health Medication Consultation and Follow Up (Including visits with our Psychiatric Nurse Practitioner, Karl Olson)	We can provide full consultation as we would in our clinic via a video session.	
Birth Control Consultation	Same as above	<ul style="list-style-type: none"> <li>● If student elects to use in-house contraceptive, in-person provider will get it ready for them (and also take vitals in-person.)</li> </ul>
STI Screening (Asymptomatic)	We will provide full assessment of risk and determine with student the appropriate testing.	<ul style="list-style-type: none"> <li>● Ideally student should be scheduled for telehealth with the person who is in-clinic on the day that they want to do screening.</li> <li>● Student can either have a self-screening bag to pick up if applicable, or see the provider if blood draw needed</li> </ul>
STI Screening (Symptomatic)	We will discuss student's symptoms and make recommendations for testing.	<ul style="list-style-type: none"> <li>● Same as above</li> </ul>
STI Screening (Known Contact)	If a student has a known exposure to STI, we can send a prescription to the pharmacy to treat it appropriately.	<ul style="list-style-type: none"> <li>● Ideally, student would pick up self-collection kit and put in drop box</li> </ul>
Other Health-Related Questions	As always, we are happy to talk to students about any of their health related questions and help them to determine what the best course of action would be based on symptoms and concerns.	