

TELEHEALTH WITH GOOGLE MEET

Helping you stay connected to care



1 WEB CAMERA

Have a computer or device with a built-in camera or use an external webcam.



2 ASSURE PRIVACY

Make sure you are in a private location where others can't hear or see your conversation.



3 SECURE CONNECTION

Make sure you are on a secured wireless network or connect computer via ethernet.



4 DOWNLOAD MEET APP

Using mobile or tablet? Download the Google Meet app (available for iOS and Android).



5 USE CARLETON EMAIL

Students will need to log in with their Carleton email



6 LOOK FOR EMAIL INVITE

At the time of the appointment you will receive an email invitation with a link to join the session



Remote Video Care

For appointments contact us via secure message in MySHAC

Write to "Ask a Counselor" or "Ask a Medical" and tell us:

- your concerns
- free time between 10am-1pm
- a good number to reach you

We'll respond with an appointment time

Calls also welcome - 507-222-4080
Voicemails checked a few times daily

Questions? Check out our FAQ on our website: go.carleton.edu/shac