



FALL 2019 NEWSLETTER

Our Vision

To engage in inclusive, sustainable, reciprocal relationships that foster student learning and faculty development, fulfill community identified needs, and promote an equitable and peaceful society.

About Us

The CCCE offers a wide array of opportunities for students to deepen their learning, broaden their knowledge, and create reciprocal partnerships by engaging with local, national, and global communities. The CCCE encourages students to pursue their passions by participating in co-curricular programs, academic civic engagement courses, and paid student work positions.

Find us Online

Website: <https://apps.carleton.edu/ccce/>

Facebook: <https://www.facebook.com/carletoncollegeccce>

Instagram: <https://www.instagram.com/carletonccce/>

Email: ccce@carleton.edu



CCCE Fellows and Professional Staff pose for a group photo during summer training.



Inside this Issue

1. **Welcoming Our Newest Staff** and the Search for a New Director
2. **Fellow Highlight:** Rose Delle Fave strengthens the bridge between Community Based Work Study and the CCCE.
3. **Ruth's House Article**
4. **The Latest Artist in Residence at Carleton:** 2Fik
5. **Finding Well-Being in Caring for Others:** The Health and Well-Being Cohort
6. **Peace and Conflict:** An Update on the CCCE's Newest Cohort
7. **Fellowship Updates:** Dedicated funds for Community-Engaged Fellowships open opportunities to all students.
8. **Up Next on Our Agenda:** Learn about some of our upcoming opportunities to get engaged.
9. **Student Spotlight:** Environmental Systems students share their experiences.

Contributors: Mica Bahn '20 • Molly Sandweiss '20 • Abby Walker '19 • Clara Posner '22 • CCCE Professional Staff

Editing and Design: CCCE Professional Staff • Molly Sandweiss '20

Welcoming Our Newest Staff

and the Search for a New Director

This summer has had some changes to the CCCE! Two staff moved on to new positions at the end of last year, so many of the continuing staff have taken on new roles and responsibilities. Along with this change, the CCCE also got to welcome two new staff members: Melissa Thomas and Abby Walker. I had the opportunity to sit down with Abby and Melissa and talk about their new roles and their approach to community and civic engagement.

Melissa Thomas, Administrative Assistant

As evidenced by her more than 30 years as a college employee, Melissa loves working at Carleton. The mission and the people at Carleton are a major reason for Melissa's love of the college and one of her favorite aspects of her new role is the student interaction. She is enjoying learning about all the programs the CCCE has in the community and seeing the passion the students have for programs like the Food Recovery Network and Into the Arb, focus areas like Health and Well-Being, and the interaction between Carleton students and the Northfield and Faribault public schools. She's also impressed by the CCCE's Community Partners and their willingness to bring in Carleton students and hopefully enhance the services they're providing.

Melissa believes that the CCCE plays an important role in the services provided in the Northfield community and she wants to support the students and staff of the CCCE in their work. Melissa's experience in multiple departments gives her a strong background in the history of people, events, and processes at the college. Her past roles have seen her working in the fundraising Office, the Dean of the College Office, and in College Communications. The skills honed throughout her career give Melissa the perfect background to be the CCCE's new Administrative Assistant. In her work Melissa hopes to be a good steward of the CCCE's resources to further its benefit for the local community.

Abby Walker '19, Program Associate

Abby approaches her work from the lens of social justice. As a former student, Abby has seen the CCCE from multiple angles, including as a CCCE fellow, community-based work-study tutor, and through volunteering. One area her work focuses on this year is participatory action research as an approach to academic work.

She says it can be challenging doing so at an institutional level because even though the institution may be open to a change in the way research is conducted, the change itself may take a long time to implement.

Becoming a permanent staff member has been "important to understanding the role of staff in creating Carleton culture and having more empathy and admiration for what they do. A lot of that is kept hidden when you're a student." She says that being close to the age of many of the fellows and students really helps her have an understanding of the particularities of Carleton culture and how the CCCE can work with that culture to develop its programs and community conversations.

Director Candidate Visits Recap

The CCCE, in collaboration with the Dean of the College office recently conducted visits of candidates for the position of Director of the CCCE. Three candidates had the opportunity to come to campus to meet with both offices and talk to people associated with the CCCE, such as the Director of Student Activities, the Chaplain, the Director of the Career Center, ACE course faculty and students, and many others. Candidates were interviewed by the Dean of the College as well as by CCCE staff. Some of the questions asked by CCCE staff were about the candidate's workflow direction, management style, ideas for better integration of curricular and co-curricular programming, and examples of times the directors have helped build coalition between groups doing related but separate work. The candidates were also given time to ask questions of the CCCE staff.

After having lunch with CCCE students and meeting with Community Partners, each candidate gave a public talk. In the talks, candidates described their research and the trends they've seen in community and civic engagement in our area. They also addressed involving students in ACE courses and making and maintaining community connections. As well as being interviewed and giving a talk, candidates toured the CCCE office and were given an information packet about Carleton and the CCCE. Finally, the Dean of the College conducted an exit interview.



1. Students plant trees with their New Student Week group members during Into the Arb. 2. Abby Walker '19 Program Associate 3. Carleton hosts the Biennial UMACS Conference. 4. Melissa Thomas, Administrative Assistant 5. Volunteers help kids paint pumpkins at the Fall Fest Field Trip in collaboration with Green Thumbs, Art Sprouts, and Kids for Conservation

Fellow Highlight:

Rose Delle Fave strengthens the bridge between Community Based Work Study and the CCCE.

Carleton College does an incredible job of creating broad access to student employment – a considerable feat for such a large institution. Not only are positions available throughout the year, but they can be found in all sectors—from food service to the Perlman Museum to our CCCE fellows. Part of the beauty of offering such a range of jobs is that students have the opportunity to test out positions that may relate to their future careers. One of the employment programs that the CCCE organizes is Carleton's Community Based Work Study (CBWS). The federal work-study program is outlined in title IV of the U.S. Higher Education Act, which states that its purpose is, "to encourage students receiving Federal student financial assistance to participate in community service activities that will benefit the Nation and engender in the students a sense of social responsibility and commitment to the community." After years of unpaid internships, many young people come to believe that the jobs available to them will solely entail busy-work. However, CBWS offers professional experiences and exposure to real-world problem solving initiatives. In Carleton's case, it also fosters a reciprocal relationship between the college and the town of Northfield, as these positions expand capacity in community based organizations. This year Rose Delle Fave transferred from her position as a Northfield Reads and Counts tutor to a CCCE Fellow in the Education Cohort. With her experience on both ends of CBWS, she offers a unique new set of skills to the CCCE. I sat down with her to find out about how her transition has been and why she feels this type of community work is important.



definitely not be able to do my job if I didn't have the background and experiences that CBWS gave me to draw from. I coordinate a lot of the Northfield Reads and Counts work, so the tutoring experience I gained as a freshman has been really helpful as Kendall and I have been training and guiding the new freshmen who are now Reads and Counts tutors. I also oversee a lot of the CCCE's engagement at Greenvale Community School, so it helped that I already had a relationship formed with our community partner, Laura Berdahl. I love that the fellowship position lets me be involved both on and off campus, as I get to come into the office and work among other fellows but I also get to continue working out in the community. I still teach dance lessons at Greenvale once a week on Tuesdays, so I'm really grateful that I get to continue having that opportunity.

1) How did you get involved with CBWS?

I got involved with CBWS as a freshman when I was assigned to be a Northfield Reads and Counts tutor for my work study. After tutoring at Sibley Elementary for a couple terms, I realized that it was no longer working for my schedule to be off campus so much during the school day, so I transitioned to working at Greenvale Community School in their Homework Help room which is part of their Tuesday/Thursday Evening Activities. Not long after I started working at Greenvale, one of the coordinators, Laura Berdahl, approached me about starting a dance program there. By spring term of my freshman year, we had worked out the details, and I've been teaching dance at Greenvale every week since then (except when I was abroad).

2) How has the transition been between your two positions?

The transition from CBWS to the CCCE has been smooth! I now work as a CCCE Fellow in the Education Cohort, but I would

3) Are there any new exciting jobs available this year that there weren't last year?

There are lots of exciting CBWS positions available now! I would suggest reaching out to Kendall Clements for a more complete list, but we have a wide variety of positions all over Northfield. These range from positions at the senior center to working with really little kids at the daycare. Off the top of my head, I can think of three brand-new positions that we're still looking to fill. Two of them are at Believet, a nonprofit organization that provides trained service dogs to disabled veterans. The third position is working with youth as a Youth Advocate at The Key, Northfield's Union of Youth.

4) How is training going this year?

This year, I've been really involved with providing trainings for the new and returning Northfield Reads and Counts tutors. So far this term, Kendall and I have already organized three trainings

— one as an introduction at the beginning of the year, one in collaboration with the MN Literacy Council, and one Midterm Reflection Lunch. The idea behind providing so many trainings was that Kendall and I agreed that we wanted to create more of a community surrounding Northfield Reads and Counts. Instead of tutors just going out into the community and reporting to us at the end of the term, we wanted them to feel that they had people they could go to talk about their experiences and get through any challenges. The trainings have been going great! My favorite part of the trainings has been the discussions between tutors and seeing how they have become resources for one another. We hope to take this community-building even further through the rest of the term so our work-study students can really feel that they are supported and appreciated. The next training is already in the works, and it will be a collaboration with the Career Center on an education-focused Resume Workshop.

5) Why do you believe this kind of program is so important?

I believe CBWS is incredibly important because it allows students to see the impact their work can have beyond Carleton's campus and out into the real world. Community work is so immediately rewarding, and it's great for students to build relationships and support systems off campus. Especially as college students, we're here for such a short period and we have to make the most of it. No matter where we end up after Carleton, our experiences here will shape how we build communities for the rest of our lives, wherever we are. CBWS is a great opportunity for students who want to get more involved with their community, but might not necessarily have time to do so if they had another campus job on top of everything else. It's also just fun! Working in the community can be a nice breath of fresh air away from the stress of being on campus. You come back feeling refreshed and rewarded, and glad that you're helping make a difference in your local community.

Rose is an invaluable new member of the CCCE team and she astutely summarizes the significance of CBWS for both Carleton students and the greater Northfield Community. Not all college students have the privilege to commit time to unpaid community work. When half of Carleton students are on some form of financial aid, CBWS helps to break down the measures of exclusion that are often associated with civic engagement.

Ruth's House Article

"The structure of a nonprofit is similar to that of a small business, depending on community support to successfully fulfill its goal. Not only does Ruth's House have to keep up with day-to-day operations, but we are trying to support and find shelter for women in the Rice County. This is a substantial task, which requires help from numerous members of the community," stated Brooke Vargason, the Communications Manager at Ruth's House of Hope. Despite only working at Ruth's House for a couple of months, Brooke has quickly learned about the importance of volunteer support. Ruth's House of Hope is a nonprofit that helps provide shelter for women and children, who may be facing homelessness due to domestic violence, poverty, addiction, health challenges, or other issues. Volunteers at Ruth's House help with daily tasks, ranging from working the front desk to providing educational workshops for the women at the shelter.

Carleton students have played an integral part in the work done at Ruth's House. Every weekend, a small group of Carleton students volunteer at Ruth's House, assisting with small household tasks like painting and providing childcare. Another noticeable contribution from Carleton volunteers has been their assistance with the social media pages for Ruth's House. During the previous summer, two communication fellows from CCCE helped Ruth's House revamp and design media templates for their Instagram, Twitter, and Facebook pages. This project has been continued into the fall term by the Ruth's House program directors at CCCE, who have been providing weekly updates for the social media pages. Brooke acknowledged how the assistance with social media not only relieved pressure for the directors at Ruth House, but helped with the promotion of the Tonic Sol-Fa fundraiser.

On November 3rd, the acclaimed acapella group, Tonic Sol-Fa, performed at Northfield Middle School to help raise money for Ruth's House of Hope. The concert ended up having a successful turnout of around 160 community members, and resulted in Northfield declaring November 3rd as Ruth's House of Hope day. Since this was the first concert Ruth's House has ever hosted, they were very excited about the results, and plan to continue using these types of fundraisers in the future.

Volunteer support from both community members and students has played a critical role in helping the women and children at Ruth's House. Brooke concluded by mentioning that, "Ruth's House is always looking for new volunteers for various projects! The support we've received from Carleton volunteers has helped make Rice County a better and more welcoming community." If you are interested in learning more about the volunteer opportunities for Ruth's House, please contact Katie Babbit (horia@carleton.edu), Anna Hori (horia@carleton.edu), or Catalina Alvarez-Ruiz (alvarezruizc@carleton.edu).



The Latest Artist in Residence at the CCCE: 2Fik

2Fik, multidisciplinary artist and performer, wrapped up his fall residency with Carleton College this November. Born in Paris to a Moroccan Muslim family, 2Fik's work confronts assumptions around identity and gender through public performance, photography, and video.

The Artist in Residence position that was carved out for him this past term, in part funded by the CCCE, is a natural point of progress in the college's relationship with 2Fik. In 2011 Stephanie Cox a professor in the French and Francophone studies department heard about the artist's work through a friend and decided to ask the college to bring him to campus for one week to work with three classes. During a talk on the importance of Connecting with Art Exhibitions and Artist Residencies Across the Curriculum, Stephanie notes that it was important for her to expand the space of learning outside the classroom, "so that students could gain the sense that there are other types of knowledge. They may be highly capable at acquiring certain kinds of knowledge that aren't quite as evident to everybody."

2Fik returned in 2016 for a particular project when Cox was teaching the pilot class for Civil Discourse on a Diverse Campus. Many people may remember the presidents portraits in the upper meeting room of the Weitz. One of the activities he devised was leading students in reinterpreting the portraits based on research they had done on the presidents and what they brought to campus, in order to "reperform" them. In 2018 the school bought two of 2Fik's photographs to add to the art collection and they were exhibited in "Gear Shifts" in the Hamlin Creative Space. The exhibit included video footage of his public performances and pictures of his characters, who play out their lives in his photos while revisiting masterpiece works. During that period numerous French and CCST classes visited Hamlin for various activities that engaged with the work.

This past fall, department collaboration with 2Fik increased dramatically. In a leap from his first time at Carleton, 2Fik was at Carleton for twelve weeks in 2019 and helped teach 26 different classes. He has now collaborated with a whole range of departments—Political Science, Dance, Theater, Art, Women and Gender Studies, and Middle East Studies to name a few. 2Fik's work in Northfield is also highly representative of the CCCE's community engagement values of exchange. During the same talk which Stephanie presented at, 2Fik noted, "Because we did a lot of activities with the guild and the market in town, it brought some students outside of campus and it brought some townspeople onto campus." As he wrapped up his comments on collaborating with Stephanie, he appreciated that one of the wonderful things about the experience was how reciprocal it was.



2Fik Portrait by Richard Rhyme

"It nourished me a lot and I think there is something genuinely great when, as an artist, you can bring your own experience, point of view, and art into a classroom because then it is no longer a classroom, because you are not a teacher. So, the interactions change."

The energy in Northfield, Carleton Campus, and the students body will not be the same without 2Fik this coming winter but, with how wonderful the relationship is, perhaps he will be back again. The CCCE is especially thankful to our collaborators—Public Works and Class of '57 Visiting Scholar Fund—for their help to make his residency possible.

Finding Well-Being in Caring for Others:

The Health and Well-Being Cohort

The Health and Well-Being Cohort always seems to be busy. From blood drives to visiting adopted grandparents, Health and Well-Being is always working to ensure that all have what they need to be healthy and thrive. Recently, I had the chance to sit down with one of the Health and Well-Being fellows, Daniel Johnson '20, to discuss his experience with the programs.

Though he supports multiple programs, Daniel is particularly passionate about his work with HealthFinders Collaborative. Daniel began working with HealthFinders as a childcare volunteer and ended up applying to be a fellow at the end of his freshman year. "HealthFinders does a lot to promote equity in the community in healthcare," he says, "It was really cool to see how they were using healthcare as a means for social justice.

Carleton students have played an especially big role at HealthFinders in the past few years as grant researchers for HealthFinders' focus on mental health, which works to provide more accessible mental healthcare for underserved communities in Northfield and Faribault. With money from the grant, HealthFinders has been able to provide mental healthcare to more people and even to add internship positions for students, including a Mental Health internship. Volunteering in healthcare programs is also a great opportunity for students looking to pursue healthcare as a career. By participating in Health and Well-Being programs, students can both gain experience in their chosen field and help their community be healthier.

However, students don't have to want to pursue healthcare to be involved. Health and Well-Being includes other programs that encourage a diverse range of approaches to living a healthy lifestyle, such as TOPSoccer, Hope Center, Special Olympics, and Project Friendship. Additionally, many of the healthcare-specific programs offer positions in other areas, such as childcare and photography. Even the most squeamish of students can be involved. As Daniel says, "We want to get more people involved because the more hands on deck the more impact we can have."

Students have been instrumental in the expansion of this year's blood drive, which took place October 29-31. Last year, Carleton had three two-day blood drives, collecting a total of 291 units of blood and continuing to be a Red Cross Premier Partner. In the fall term of this year alone we collected 139 units of blood, putting us on track to donate 417 units this year—a total which could save up to 1,251 lives. This year's blood drive also included Be the Match. Be the Match is a national registry that matches patients with blood marrow donors. Signing up is easy and just requires answering a few questions and a mouth swab. This year Be Match had a table at the blood drive where participants could register and get swabbed, making it easier than ever for those on campus to register and potentially save a life.

For more information or to get involved, visit <https://apps.carleton.edu/ccce/issue/health/> or email johnsond2@carleton.edu.

Peace and Conflict: An Update on the CCCE's Newest Cohort

As a new cohort, Peace and Conflict has been working on laying the groundwork for our focus on building connections between the local and global. This academic year, we are specifically addressing migration and political engagement. We've been intentionally reaching out to important constituencies, including student political organizations, academic departments, student-oriented offices, and community organizations to gauge needs, affirm mutual goals, and establish partnerships.

Beyond relationship-building, we co-sponsored several events. A screening of the documentary film *Rigged* and the talk "Resistance to Counter-Insurgency in Southern Mexico" by Professor Mariana Hernández-Burg from the Autonomous University of Social Movement in Mexico were highlights. We've also been sending out biweekly newsletters to publicize globally-inflected events on campus and start conversations about global issues. Looking ahead to next term, we are excited to be collaborating with OIL, the OCS Office, League of Women Voters, and the Political Science Department to broaden campus and local community engagement in global issues.



Top: Emily Oliver, Temporary Director of CCCE, Mary Zhang '22, Peace and Conflict Fellow

Bottom: Sophie Rogers '21, Peace and Conflict Fellow, Win Wen Ooi '22, Peace and Conflict Fellow



Fellowship Updates:

Each spring the CCCE opens up applications to a multitude of funded fellowship opportunities, which help bring an answer to that overarching question of the summer. Funding is crucial to allow a diverse body of students to participate in these opportunities. It takes the burden off of individuals and widens the scope of who is in a position to gain professional experience in community based service. Thanks to CCCE funders, in 2019, 26 Carleton students engaged in summer fellowships located in Northfield, Minnesota and Gaziantep, Turkey. During their participation, we asked a few of them to tell us a bit about what their jobs entailed.

Anya Gould '21, She/Her/Hers

Political Science/International Relations Major

I am working with UOSSM in Gaziantep, Turkey this summer as one of their "Impact Evaluation of Aid Projects in Stressful Volatile Environments" fellows. Thus far, I've been doing a lot of research online as to the best practices for evaluating and monitoring aid projects in stressful situations, and looking at case studies in countries like the Democratic Republic of Congo, Bangladesh, and Burundi. This coming week, I'm going to start writing interview questions or surveys that I will then take to other humanitarian aid organizations in the area or that UOSSM has a connection with and begin collecting data on what kinds of methods and tools are used, what the most common challenges are, and how organizations are working to solve these problems.



Naomi Lopez '22, She/Her/Hers Undeclared

I have a fellowship with the non-profit "The Children of Incarcerated Caregivers." As their public outreach intern, I'm working on connecting CIC with families experiencing parental incarceration. This specific demographic is difficult to locate for various reasons (such as the shame and stigma that persists against incarcerated people and their families and the absence of a formal system of recording the families impacted by incarceration), and I have had to develop some creative approaches to find these individuals and advertise CIC's



Jaylin Lowe '21, She/Her/Hers

Statistics Major

I'm doing the data fellowship with the Northfield School District. I've been working with a large dataset that has information on each student's academic, social, and emotional wellbeing. Their teachers rated them according to this survey, and marked the students "at risk" or "not at risk" accordingly. I've been looking at two main components: first, what types of students are more likely to be marked at risk? In other words, are you more likely to be marked at risk if you are a student of color? If you have free and reduced lunch? And second, I've been looking at if there is a significant difference in academic performance between students who were marked at risk and students who were marked not at risk.



Caroline Hall '20, She/Her/Hers

Environmental Studies, Music Studies Major

I am working for the Community Action Center of Northfield, specifically with the Food Shelf. The Food Shelf was recently transformed into a Super Shelf, a model designed to create a more dignified experience for individuals receiving food by emphasizing personal choice and increased access to healthy options. My role as a summer fellow is mainly to aid in the transition to this new model, so my job entails a wide variety of tasks. Part of my work is directly engaging with clients, checking them in, and helping them shop for food. Another aspect is doing food rescue at Cub and Target twice a week to increase the amount of fresh produce at the food shelf and reduce the amount of food waste in our community. Finally, I'm working on various projects including making a community cookbook with community members' favorite recipes, providing more healthy recipes for produce that we have in abundance, and creating informational materials about produce storage and balanced meals.



Molly Smith '21, She/Her/Hers Psychology Major

This summer I have been interning at Believeet Canine Services here in Northfield! Believeet is a non-profit that provides service dogs, free of charge, to disabled military veterans who suffer from PTSD, Traumatic Brain Injuries, Anxiety, Military Sexual Trauma, and other disabilities. As an intern, my main job at Believeet has been compiling and writing materials for the organization to become "accredited" by Assistance Dogs International. ADI is really the gold-standard for service dogs and being accredited will help Believeet with things like grant applications and general legitimacy as a non-profit. The application for accreditation is extensive and I'm tasked with writing out a lot of their procedures like selecting dogs, selecting clients, general training timelines. I've also been learning how to compile a Business Plan for a non-profit.

