

SELF MONITORING DUE TO OFF CAMPUS TRAVEL

Thank you for submitting the Overnight Visit Form. In order to ensure the safety of the community, when you return you will be required to self-monitor and take an on-campus COVID-19 test at your own expense (**\$150**). “Self-monitoring” means you will be assigned a designated space to live for a minimum of 10 days, take all meals, grab and go, attend all classes remotely (no face-to-face), among other restrictions. Details are listed below.

Hotel, Fairfield Inn: Prior to returning to campus, you will receive an email from the Dean of Students Office confirming your hotel reservation. You should check in immediately upon your return to Northfield. Hotel staff will ask you for identification and a cell phone number.

Guests: Guests are not allowed to visit you at the hotel.

Suggested Packing List:

- Clothing
- Hygiene supplies (enough for 2 weeks)
- Thermometer
- Prescription medication- Enough for 2 weeks
- Over the counter medication (cold medication, pain reliever/fever reducer)
- Phone/Phone charger
- Computer/charger
- Academic work
- Refillable water bottle
- Extra facemask

Campus Access: Access only to Sayles and Burton Dining Hall to pick up grab-n-go meals and mail. You should not access any other buildings on campus.

Coursework: All coursework must be done remotely. Upon your return to campus, your Class Dean will send a notification to your faculty, advisor, on campus work supervisor, and coach. You should also communicate with your faculty to discuss plans for completing your work for any in person courses.

Class Dean: Please communicate with your Class Dean if you are concerned about your academics, need assistance, are looking for support resources, or have general questions.

Class Deans

- Joe Baggot, First years
- Cindy Fleming, Sophomores
- Cathy Carlson, Juniors and Seniors

Student Health and Counseling:

- Complete the symptom tracker each morning.
- COVID testing: Contact SHAC upon arrival in Northfield [via secure message](#) to request an appointment and indicate you need an after travel COVID test.
- SHAC staff will determine the date for the test and your release date after being tested.

Meals: Your meals will be grab and go from the Burton Dining Hall and Sayles Café. If you are in Northfield Option (NOPT), you will need to determine the best way for you to attain food. This will be at your own expense.

General Expectations Summary: We all need to do our part to prevent the spread of the COVID virus on campus, it's extremely important that students who have traveled and are in self-monitoring follow these directives:

- Follow the Covenant.
- Don't have any in-person contact with others.
- Don't go into any campus buildings, other than Sayles and Burton Dining, to pick up your grab-n-go meals and your mail. You are only there for that purpose and should not be visiting with others/hanging out in those locations.
- Don't go into any buildings in the Northfield community.
- You must wear a mask anytime you are outside of your hotel room and be physically distanced from others.
- Do not invite any guests to the hotel.
- Do not host any guests in your hotel room.
- Classes, meetings, and any other activities must be attended virtually.
- Do not use the hotel amenities in public areas, such as the exercise room and pool.

We appreciate your cooperation. Again, these are precautionary measures for health and safety reasons in case you were exposed during your travel. If you have any questions about these expectations, please let me know. If you violate these expectations you will not be allowed to return to campus.

Additional questions or concerns: If you have questions about the expectations or your responsibilities in helping to keep the Carleton community safe and healthy, please contact your Class Dean.

1/25/2021

CCJBSF