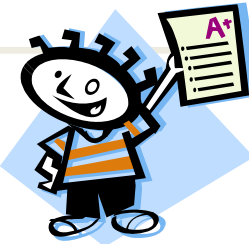


Academic Support Center: <http://apps.carleton.edu/campus/asc>

"Education is our passport to the future,
for tomorrow belongs to the people who prepare for it today."
-Malcolm X



4th Libe: Home of the Writing Center,
Academic Skills Coaching, ESL Support,
Tutoring Services, and more!



GOAL SETTING 101

SPECIFIC – USE THE 6 W QUESTIONS TO HELP YOU SPECIFY

EXAMPLE: A general goal would be, "Get in shape." But a specific goal would say, "Join a health club and workout 3 days a week."

MEASURABLE – ESTABLISH CONCRETE CRITERIA FOR PROGRESS

When you measure your progress, you stay on track, reach your target dates, and experience the exhilaration of achievement that spurs you on to continued effort required to reach your goal.

ATTAINABLE – IF THEY ARE IMPORTANT, YOU WILL DEVELOP ATTITUDES, ABILITIES, & SKILLS TO REACH THEM

You begin seeing previously overlooked opportunities to bring yourself closer to the achievement of your goals. You can attain most any goal you set when you plan your steps wisely and establish a time frame that allows you to carry out those steps.

REALISTIC – A GOAL MUST REPRESENT AN OBJECTIVE TOWARD WHICH YOU ARE BOTH WILLING AND ABLE TO WORK

A high goal is frequently easier to reach than a low one because a low goal exerts low motivational force. Your goal is probably realistic if you truly believe that it can be accomplished.

TIMELY – A GOAL SHOULD BE GROUNDED WITHIN A TIME FRAME

With no time frame tied to it there's no sense of urgency. If you want to learn the violin, when do you want to do that? "I'm going to learn the violin by the end of spring term."

SERVICES

- Academic Tutoring
- Academic Skills Coaching
- Speech Coaching
- Writing Center
- Math Skills Center
- Prefect Program
- Second-Language Writing Support

CMC

Home of the
Math Skills Center



Organizing is what you do before you do something, so that when you do it, it is not all mixed up.

A wise person does at once, what a fool does at last. Both do the same thing; only at different times.

-Baltasar Gracian



"There are no secrets to success. It is the result of preparation, hard work and learning from failure."

-General Colin Powell



I am definitely going to take a course on time management... just as soon as I can work it into my schedule.

-Louis E. Boone

Academic Support Center Staff

Kathy Evertz	Renata Fitzpatrick	Russ Petricka	Oscar Alvarez	Erik Warren
Director	Coordinator of Second Language Writing	Supervisor of the Math Skills Center	Academic Skills Coach	Program Assistant
kevertz	ritzpatrick	rpetrick	oalvarez	ewarren

4th Libe Offices:

Writing Center, 420
Main Office, 420A (Erik)
Academic Tutoring, 420A
Speech Coaching 420A
Prefect Program, 420C (Kathy)
Support for Multilingual Writers, 420D (Renata)

Winter 2021 PREFECT COURSES

Course	Instructor	Mtg. Times	Max. Enroll.	Prefects
BIOL101: Human Reprod	Matt Rand	4-5c	30	ANNA BRIDGEMAN
BIOL 125 00: Genes, Evolution & Devel.	Stephan Zweifel and Mark McKone	2a	100	ELIZABETH FARR & BREVIN CLARK
BIOL 126 00: Energy Flow in Biological Syst	Rika Anderson and Mike Nishizaki	2a	60	KAELA MALI & KATHERINE MCFERRIN
BIOL 210: Global Change	John Berini	2-3c	65	BECCA HORWITZ & SARAH SHAPIRO
BIOL 240 00: Genetics	Emily Kolenbrander Ho	2a	40	ANNABELLA STRATHAM
CHEM 123: Principles of Chem I w/Prob Solving	Dani Kohen	2a	24	LAUREN WAY
CHEM 123: Princ Chem I	Julia Bakker-Arkema	2a	24	KATHERINE MATEOS
CHEM 224:Princ Chem II	Joe Chihade	1a	48	ISABEL CANNELL
CHEM 233: Org Chem I	Dave Alberg	4a	44	ANNA ZHENG
CHEM 234: Org Chem II	Chris Calderone	5a	44	KATIE TAYLOR
CS 111 01: Intro to CS	Layla Oesper	2a	34	MAANYA GOENKA
CS 111 02: Intro to CS	Sneha Narayan	3a	34	AISHWARYA VARMA
CS 111 03: Intro to CS	Dave Musicant	6a	34	OLIVER CALDER
CS 111 04: Intro to CS	James Ryan	5a	34	QUOC NGUYEN
CS 201 02: Data Struct	Aaron Bauer	4a	34	ELLIE MAMANTOV
CS 201 01: Data Struct	Anya Vostinar	5a	34	THERESA CHEN
CS 202: Math of CS	Eric Alexander	2a	34	REBECCA HICKE
CS 251: Program Lang	Anna Rafferty	3a	34	COLE DIIANNI
CS 254: Computability and Complexity	James Ryan	3a	34	DANIEL BUSIS
ECON 110 01: Macro	Mike Hemesath	2-3c	30	ANDREW GRIFFIN
ECON 110 02: Macro	Eduard Storm	4a	30	WALT BOERO
ECON 110 03: Macro	Yaniv Ben-Ami	4-5c	30	PAIGE EHRESMANN
ECON 111 01: Micro	Faress Bhuiyan	2-3c	30	LIBBY FRANCHOT
ECON 111 02: Micro	Mark Kanazawa	5a	30	BECKY SHAPIRO
ECON 111 03: Micro	Jenny Bourne	4-5c	30	HUNTER KEELEY
MATH 241: Ord Diff Eq	Rob Thompson	4a	30	JAMIE NORTH
POSC 230: Methods of Political	Eric Mosinger	3a	18	ANNETTE SHUMWAY
PSYC 110 01: Princi of Psych	Emily Hazlett	2a	35	SKYLAR YU

NEED ASSISTANCE? Contact Erik @ ewarren

Winter 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	January 4th: Classes Begin	5	6	7	8: 1st five week course add deadline 5pm Paper Process :Ten Week Independent Study and Overload Petition Deadline 5pm	9	10: Ten week course drop/add deadline 11:59pm :1st five week course drop deadline 11:59pm
Week 2	11	12	13	14	15	16	17
Week 3	18	19	20	21	22: 1st five week course late drop deadline and S/CR/ NC deadline 5pm	23	24
Week 4	25	26	27	28	29	30	31
Week 5	February 1	2	3	4:Last day of first five weeks	5: 2nd five week begins	6: Midterm Break	7: Midterm Break
Week 6	8: Midterm Break	9: Classes Resume	10	11	12: 2nd five week course drop/add deadline 5pm Paper Process	13	14
Week 7	15: Advising Days	16: Advising Days	17: Advising Days	18: Advising Days	19: Ten Week Course Late Drop Deadline and S/CR/NC Deadline 5pm :Sophomore Portfolio due 4:30pm :Advising Days	20	21
Week 8	22: Registration for Spring Term starts :Advising Days	23: Advising Days end	24	25	26: 2nd five week course late drop deadline and S/CR/NC deadline 5pm	27	28
Week 9	March 1	2	3	4	5	6	7
Week 10	8	9	10: Last Day of Classes	11: Reading Days	12: Reading Days	13: Exams	14: Exams
Week 11	15: Exams	16: Spring Break starts	17	18	19	20	21