**Scoring Instructions for**

**The Smoking Abstinence Expectancies Questionnaire (SAEQ)**

1. Somatic Symptoms Subscale score

Add scores from items 1, 5, 9, 13, 17, 21, and 25.

1. Negative Mood Subscale score

Add scores from items 2, 6, 10, 14, 18, 22, and 26.

1. Harmful Consequences Subscale score

Add scores from items 3, 7, 11, 15, 19, 23, and 27.

1. Positive Consequences Subscale score

Add scores from items 4, 8, 12, 16, 20, 24, and 28.

1. SAEQ Total score
* First, reverse code the Positive Consequences Subscale score (i.e., 42 – subscale score).
* Then, add together the Somatic Symptoms Subscale score, the Negative Mood Subscale score, the Harmful Consequences Subscale score, and the reverse-coded Positive Consequences Subscale score.

**Source:**

Abrams, K., Zvolensky, M., Dorman, L., Gonzalez, A., & Mayer, M. (2011). Development and validation of the Smoking Abstinence Expectancies Questionnaire. *Nicotine & Tobacco Research, 13,* 1296-1304.