# Real Food Challenge 2021

**Presenters:** 

Karen Chen (Bon Appetit), Gracie Little (CCCE), Jack Schill (Bon Appetit)

# Purpose of the Real Food Challenge

**Mission**: to leverage the power of youth and universities to create a healthy, fair, and green food system

- For who? RFC aims to protect and uplift producers, consumers, communities, and the earth
- How? Develop an ecologically sound, equitable, and transparent campus food system
- At Carleton: since 2009, steady percentage between 20-30%, office collaboration

## About the Real Food Challenge





## **Model of Collaboration**



#### REAL FOOD CALCULATOR ADVISORY CREW

CARLETON COLLEGE

#### ADVISOR: ALEX MILLER

The STA Team will:

- · Maintain contact with RFC throughout the calculating process
- Input final data to RFC website
- calculating times
- Create spreadsheets
- Keeps the drive and

SUSTAINABILITY

ONE OR TWO

STUDENT WORK

STUDY

ASSISTANTS

SUSTAINABILITY OFFICE

- Coordinate
- Train new calculators
- for data entry
- waivers updated

#### CENTER FOR CIVIC AND COMMUNITY ENGAGEMENT

The CCCE Team will: ADVISOR: ERICA ZWEIFEI

- · Recruit calculating volunteers and lead training sessions
- Seek involvement with ACE courses
- · Plan final presentation and lead the creation of slideshow
- Creates promotional materials and advertises across campus

ONE STUDENT WORK

#### **Core Team Student Workers:**

- Each devote at least 2 hours a week to data entry Coordinate Task Force Meetings
- Analyze Calculator Results
- Identify areas of improvement and research product shifts Publicize RFC results to the campus community and work on campus education and outreach

ONE OR TWO HR STUDENT **WORK STUDY** 

CCCE FOOD

**FELLOW** 

CORE

**TEAM** 

#### ADVISOR: KATIE MCKENNA

The Bon Appétit team will:

#### **EXECUTIVE ADVISORS**

- JESSE CASHMAN DIRECTOR OF AUXILARY SERVICES
- FRED ROGERS VICE PRESIDENT AND TREASURER

The Task Force will present their annual executive summary to the executive advisors to keep administration updated on Carleton's growth in Real Food.

- · Serve as the contact person for Bon Appétit to obtain velocity reports and credit card statements
- · Create promotional table tents in the dining hall
- · Lead research in new product shifts and keep the public updated on social media

**BON APPÉTIT** 

**BON APPÉTIT** 

SUSTAINABILITY

**AMBASSADORS** 



## What is Real Food?

- Local & Community Based
  - o 150 mile radius for most foods
  - 250 mile radius for meat, poultry, seafood
  - Earn <\$5 million/year for individual farms</li>
  - Earn <\$50 million/year for company/cooperative</li>
- Humane
- Fair
- Ecological
- Real Food A vs. Real Food B



## How we calculate

- 2 representative months (January and September)
- CCCE and Bon App students + volunteers
- % is based on total money spent
  - Velocity reports from dining hall, enter into spreadsheets,
    label if it meets any of 4 categories, send it off to RFC

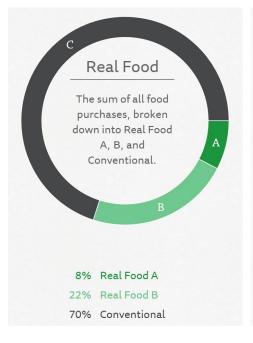
## Carleton's results from the past 4 years

2015-16: 28%

2016-17: 27%

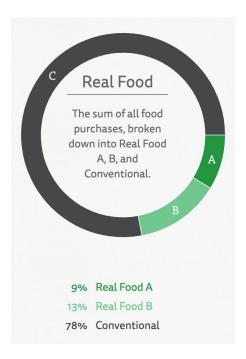
2017-18: 27%

2018-19: 22%



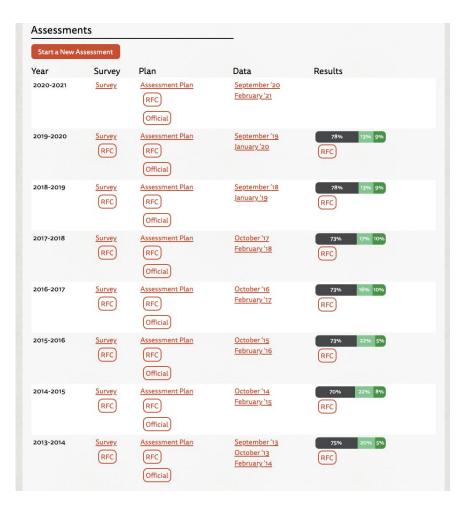






## History of RFC at Carleton!

- Participating since 2013!
- ACE involvement:
  - 2017 CS Comps, calculating tool (now defunct)
  - Kim Smith's Environmental Ethics classes (2017, 2020) conducted surveys amongst students, which were then used to inform product shifts



# Questions?