

## Advisory Committee on Pre-Med, Pre-Health Programs

507-222-4884

Hello!

Congratulations on being accepted to Carleton! As the Pre-Health Advisor at Carleton, I'm delighted that you are interested in the health professions and write to welcome you to the college. Carleton is an excellent choice for getting an undergraduate liberal arts education that will prepare you for success in the healthcare field. You may have already had significant experience with the healthcare world that has convinced you healthcare is your calling. Alternatively, you may arrive knowing you love science and you love helping people, and healthcare might be the perfect career to meld those two passions; you will begin the more serious exploration during your time at Carleton. The important message here is that, wherever you are on this path, Carleton has the resources to help you to navigate your own course.

I am here to guide you along the way; to help you plan your course work, to think about your summer and winter break activities, and to gain exposure in the health care field. I am also here to encourage you to take the time to embrace all that Carleton has to offer, and to explore various activities and academic departments – to stretch yourself. At Carleton, there is no "Pre-med" major; students major in all disciplines, although the majority choose to major in either biology or chemistry given their intellectual passions. Many pre-health students also <u>study abroad</u>, in either health or science focused programs and in programs that do not have this focus. Pre-health students are a diverse group; some are varsity athletes, some are members of the various musical and theatrical groups on campus, many participate in the various clubs on campus, and so on. These activities complement and enhance classroom and laboratory work, and they help students write the strong applications that lead them to extraordinary success in the health professions.

Besides myself, there are many others on campus to support you as you navigate this path, from faculty who serve on the <a href="Pre-Health Committee">Pre-Health Committee</a> to the <a href="Career Center">Career Center</a> to the student-run <a href="Carleton Pre-health">Carleton Pre-health</a> <a href="Association">Association</a>. If you have questions about pre-health at Carleton, please email me at <a href="pmiddlet@carleton.edu">pmiddlet@carleton.edu</a> or check out the website for <a href="Pre-health advising">Pre-health advising</a>. I look forward to working with you in the very near future.

Sincerely,

Pam Middleton, Ph.D. Pre-Health Advisor

Pam Middleton

Chair of the Committee